



Boston Public Health Commission

WELCOME FAMILY

Learn more at boston.gov/bphc-WelcomeFamily

Free Home Visit for Families with a Newborn Baby

We offer a free, voluntary, and confidential **one-time home visit** for families with a newborn in Boston through the Welcome Family program. We want to make sure you and your loved ones have the support you deserve after welcoming your child into the world.



This program is for families that:

- Live in the city of Boston.
- Have a newborn baby, regardless of number of other children.

Babies born in the NICU can be seen at any time post hospital discharge.

Services Provided

A one-time, 90-minute home visit from a nurse within eight weeks from birth. Your registered nurse can help answer questions and provide resources for you and your loved ones.

- Breastfeeding Support
- Calming your newborn
- Bathing and changing your newborn
- Nutrition Education
- Safe Sleep Education



We speak English.
Hablamos Español.
Nou pale Kreyol.
Nous parlons Français.
Waa ku hadalnaa Soomaali.

Questions?

-  hbhc@bphc.org  boston.gov/bphc-WelcomeFamily
-  617-534-5832  Follow us at @[healthyboston](https://www.instagram.com/healthyboston)



Welcome
Family

This program is sponsored by the MA Department of Public Health (DPH).

BOSTON
PUBLIC
HEALTH
COMMISSION



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Scan the QR code below or visit
mass.gov/welcome-family
to learn more.