



Join us at Boston's Age Strong Commission's

MEMORY CAFE

Friday, May 8, 2026 | 11:30AM-1PM

Friday, September 11, 2026 | 11:30AM-1PM

Boston Public Library: Shaw-Roxbury Branch
149 Dudley Street, Roxbury

A Memory Café is for those living with memory loss, their loved ones, and care partners.

Connect with community, engage in sound therapy, mindfulness, and light movement to support wellbeing. Facilitated by musician and integrative practitioner [Moira Lo Bianco](#).

-Light refreshments provided-

RSVP: 617-635-3745 OR CORINNE.BRINDLEY@BOSTON.GOV

CITY of BOSTON **AGE+**

Age Strong
Commission

