



Join us at Boston's Age Strong Commission's

# MEMORY CAFE

**Friday, July 31, 2026 | 11:30AM-1PM**

**Friday, November 6, 2026 | 11:30AM-1PM**

***Boston Public Library: North End Branch***

***25 Parmenter Street, North End***

**A Memory Café is for those living with memory loss, their loved ones, and care partners.**

**Connect with community, engage in sound therapy, mindfulness, and light movement to support wellbeing. Facilitated by musician and integrative practitioner [Moira Lo Bianco](#).**

***-Light refreshments provided-***

**RSVP: 617-635-3745 OR [CORINNE.BRINDLEY@BOSTON.GOV](mailto:CORINNE.BRINDLEY@BOSTON.GOV)**

**CITY of BOSTON** **AGE+**

Age Strong  
Commission

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 **memory cafe  
alliance™**

 **IS**  
INTEGRO SONORO