

Racism

Racism is a system of oppression based on race that is used to the advantage of Whites and the disadvantage of people of color.

*The critical element which differentiates racism from prejudice and discrimination is the use of **institutional power and authority** to support prejudices and enforce discriminatory behaviors in systemic ways with far-reaching outcomes and effects.*

*Racism and other systems of oppression have negative influence on all social determinants of health, and consequently directly impact health outcomes. **There are 4 levels of racism:***

- internalized/individual*
- interpersonal*
- Institutional*
- structural/systemic*