

# BEAT THE HEAT BOSTON



! Stay cool this summer with these helpful tips.

! To learn more about programs to stay cool this summer, use the QR code to visit the project website.

## UTILITIES ASSISTANCE PROGRAMS

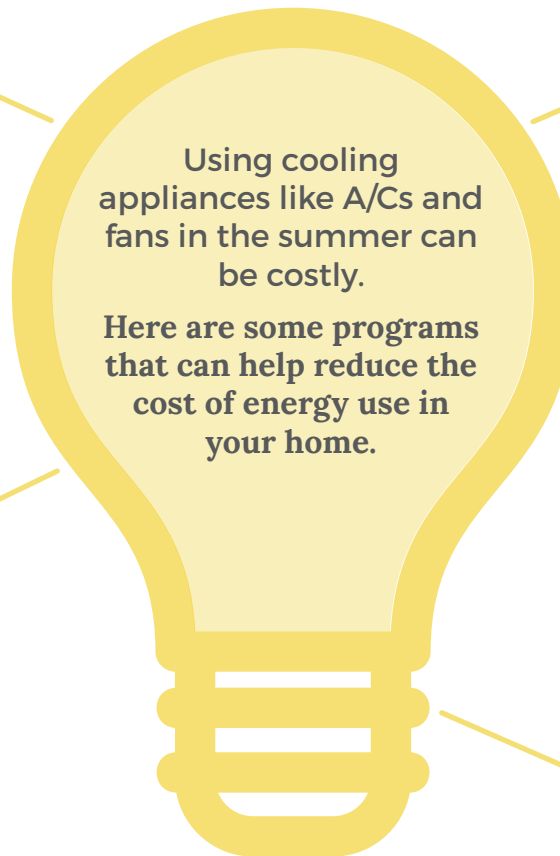
### COMMUNITY CHOICE ELECTRICITY

Opt into **Community Choice Electricity (CCE)**. CCE provides affordable and renewable electricity to program customers. CCE can save Boston residents monthly relative to the Basic Service rate provided by Eversource.

### MASS SAVE ENERGY REBATES

The **Mass Save Energy Rebate Program** provides rebates, incentives, training, and resources to help renters, homeowners, and businesses make energy efficiency upgrades and lower energy costs.

Rebates and incentives for insulation and air sealing, heating and cooling equipment, and home appliances are available.



### ABCD ENERGY PROGRAMS

The **Weatherization Assistance Program (WAP)** can weatherize your home to keep cool in the summer and warm in the winter - while lowering your utility bills.

**Neighborhood Conservation Action Program** can help reduce your electric bill by identifying appliances that need upgrades. You may be eligible to receive new energy efficient light bulbs, window A/Cs, and other appliances.

**Utility Build Advocacy** can help reduce the cost of overdue utility bills and help you negotiate payment plans with your service provider.

### RENTAL RELIEF FUND

Eligible Boston residents who are renters can receive assistance for rent and utilities arrears, current and future rent, and moving-related expenses.

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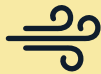
## STAY COOL AT HOME

### CHECK IN ON LOVED ONES



*Check on your different communities when it's hot to make sure they're ok.*

### INCREASE AIR FLOW



*Open windows at night to circulate cool air.*

### BLOCK OUT THE SUN



*Close shades and curtains during the hottest part of the day.*

### USE A FAN AND ICE



*Place a bowl of ice in front of your fan to create a cool breeze.*

### INVEST IN INDOOR PLANTS



*Plants naturally cool and clean the air and provide shade. Add plants inside, on your balcony, or door stoop.*

## FIND COOLING IN YOUR NEIGHBORHOOD

### WHERE CAN I FIND MORE INFORMATION?

- Call 3-1-1: Get information about all non-emergency City services.
- Alert Boston: Sign up to get alerts for extreme heat and other emergencies.

### WHERE CAN I GO TO COOL DOWN?

- Boston Centers for Youth and Families are open as cooling centers during a heat emergency.
- Find tot sprays, beaches, and community center pools using the QR code.

### HOW CAN I GET THERE?

*Transportation options for older adults and persons with disabilities. Call 617 635 4366 for more information.*

- MBTA's The RIDE: Door-to-door transportation for eligible people who can't use the subway, bus, or trolley due to temporary or permanent disability.
- Taxi Coupons for affordable transportation. Purchase coupons at Boston City Hall Room 271.