

Resources for d/Deaf and Hard-of-Hearing People with Substance Use Disorder

Boston-Based Treatment Program – North Suffolk Mental Health Association operates the [Deaf Services Freedom Trail Clinic](#), located in the West End of Boston. Staff provide psychiatric and counseling services that are culturally and linguistically competent.

Recovery Coaches – The State of Massachusetts provides recovery coaches who utilize lived experience to help individuals achieve their recovery goals. The State program coordinates 15 recovery coaches who are trained to work with d/Deaf and hard-of-hearing (HoH) people. Reach out to karran.larson@state.ma.us.

COVID-19 and Recovery Stories – Information about [challenges and strategies](#) for maintaining recovery during COVID-19 restrictions, stories about d/Deaf and HoH experiences with substance use disorder (SUD) and recovery, plus more, compiled by Faces and Voices of Recovery.

Online Support Groups – A list of online and accessible mutual aid meetings including 12-Step groups like Alcoholics Anonymous and Narcotics Anonymous. Scroll to the bottom for the list of meetings run by the Massachusetts community, titled [“Thank God We’re Sober Meetings.”](#)

Sober Active Community – The Phoenix is a nonprofit providing free exercise programming and social activities to anyone with over 48 hours of abstinence from substances. They welcome people following all pathways of recovery. [The org streams classes daily](#) and offers closed captioning options.

Peer Support Services – [A white paper](#) teaching about peer support services in Massachusetts, and a broad resource useful for serving d/Deaf and HoH people struggling with SUD.

Addiction Care Team – [An instructional video](#) about different roles on the addiction care team, taught in ASL by a Massachusetts provider.

Interpreting Screenings and Assessments – [Online courses designed for ASL/English interpreters](#) to help them become more familiar with the screening and assessment processes often used when working with individuals in mental health settings.

More Trainings – [A compilation](#) of numerous training opportunities, including introductions to providing care to d/Deaf and HoH people, evidence-based interventions, and information about unique needs. Compiled by Faces and Voices of Recovery.

Other Recovery Resources – The [Massachusetts Organization for Addiction Recovery](#) organizes and advocates for people in recovery. The [Massachusetts Association of Alcoholism & Drug Abuse Counselors](#) organizes professionals and offers training. The [New England ADA Center](#) provides information on civil rights afforded by the American Disabilities Act to people struggling with substance use.