

2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health
Office of Race, Equity, & Inclusion



WELCOME!

The Department of Mental Health (DMH) is pleased to present the 2019 Multicultural Mental Health Resource Directory. Compiled by the Department's Office of Race, Equity, and Inclusion with assistance from the DMH regional areas, this resource directory has been continually updated since its first publication in 1989. The goal of this directory is to increase access to culturally and linguistically appropriate care and thereby support the elimination of health disparities.

This directory contains information about organizations in Massachusetts that offer culturally and linguistically appropriate services for communities of color, LGBTQ community, deaf and hard of hearing community, immigrants, and refugees. We hope this directory will be utilized as a starting point in familiarizing users with available local and statewide resources. Users should contact the organizations directly to seek further information. Other resource guides produced by Department of Mental Health are available at mass.gov/service-details/dmh-resource-guides

If you have any questions or comments about this directory, please contact the Office of Race, Equity, and Inclusion at (617) 626-8134 or by email at OMCA@massmail.state.ma.us. Please keep in mind that this directory is not meant to be an exhaustive list of organizations, and new entries are always welcome.

Sincerely,

DMH Office of Race, Equity, and Inclusion

DISCLAIMER

This directory is provided solely as a service to the user, and it contains information provided to DMH by the listed organizations or gathered from these organizations' websites. DMH has not independently verified the accuracy of the information provided by the organizations, nor does DMH recommend, endorse, or guarantee any of the listed organizations or their services.

DMH has not verified whether the organizations' services are provided in accordance with applicable law.

This directory does not provide complete information regarding service fees or eligibility requirements. Use of this directory, and the selection of any service or provider from it, is the sole responsibility of the user.

HOW TO USE THIS DIRECTORY

Entries in this directory are organized based on the location of the organization within one of the five DMH regional areas. Organizations with offices located in multiple DMH areas or that provide services statewide are listed in the *Statewide Services* section of this directory. Websites containing mental health education materials in several languages are listed at the end of the *Statewide Services* section.

To find the cities and towns within each DMH area, please click on the following link to view the DMH Regional Coverage Map [mass.gov/eohhs/docs/dmh/dmh-offices-august-2015-map.pdf](https://www.mass.gov/eohhs/docs/dmh/dmh-offices-august-2015-map.pdf)

Each entry in this resource directory includes the following information:

- **ORGANIZATION INFORMATION**
 - Includes the name, address, telephone number, and website of the organization
 - Each website address is hyperlinked so clicking the link will bring you directly to the organization's website if you are connected to the internet
- **SERVICES OFFERED**
 - Lists the services offered by the organization such as mental health services, cultural events, educational classes, and healthcare services
- **LANGUAGES OTHER THAN ENGLISH**
 - Languages listed are those that the organization has the capacity to provide some or all of its services in through bilingual staff and/or interpreter services

QUICK SEARCH FEATURE

If you are using an electronic copy of this directory, you can search for specific services, languages, locations, and populations by pressing the “Ctrl” key and the “F” key at the same time then typing in a search term or keyword. This will allow you to search for specific words that appear in the directory. For example, you may search for words like “Spanish,” “LGBTQ,” “Peer Support,” “Substance Abuse,” or any other word to help narrow your search.

ACKNOWLEDGEMENTS

Great appreciation to all of the DMH staff members and Multicultural Advisory Committee members who contributed to this resource directory.

Also many thanks to the DMH interns who contacted organizations and gathered information to create this resource directory: Ayan Warfa, Julia Brackett, Wing Chau, Patrick Whalen, Katherine O'Brien, and Osato Egonmwan.

STATEWIDE SERVICES

EMERGENCY SERVICES PROGRAM

MASSACHUSETTS BEHAVIORAL HEALTH PARTNERSHIP (MBHP) EMERGENCY LINE

877-382-1609

An alternative to going to a hospital emergency room for those having a mental health or substance use crisis. Connects callers to the Emergency Services Program and Mobile Crisis Intervention in their area.

- Provides behavioral health crisis assessment, intervention, and stabilization services 24 hours per day/7 days per week/365 days per year
- Services for people of all ages and those who are uninsured, insured by MassHealth (Medicaid) plans, or Medicare
- Many Emergency Services Programs also contract with commercial insurance companies

GOVERNMENT AGENCIES

MASSACHUSETTS DEPARTMENT OF MENTAL HEALTH (DMH)

25 Staniford Street, Boston, MA 02114

800-221-0053 (Info and Referral Line)

mass.gov/dmh

The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work, and participate in their communities.

- To receive DMH services, individuals must complete the service authorization process and be deemed eligible. Please visit the following website to check eligibility
mass.gov/service-details/am-i-eligible-for-dmh-services
- Service authorization application is available in several languages

MASSACHUSETTS DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS)

66 Canal Street, Boston, MA 02114

617-624-0430

mass.gov/eohhs/gov/departments/dds

The Department of Developmental Services is dedicated to creating, in partnership with others, innovative and genuine opportunities for individuals with intellectual disabilities to participate fully and meaningfully in, and contribute to, their communities as valued members.

MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH (DPH), BUREAU OF SUBSTANCE ABUSE SERVICES (BSAS)

250 Washington Street, Boston, MA 02108

mass.gov/eohhs/gov/departments/dph/programs/substance-abuse

Help is available for those with a drug or alcohol problem at helpline-online.org or by phone at:

TTY and ASCII Users: 800-720-3480

Voice and Hearing Users: 800-327-5050

The Bureau of Substance Abuse Services oversees the substance abuse and gambling prevention and treatment services in the Commonwealth. Responsibilities include licensing programs and counselors, funding and monitoring prevention and treatment services, providing access to treatment for the indigent and uninsured, developing and implementing policies and programs, and tracking substance abuse trends in the state.

MASSHEALTH, CHILDREN'S BEHAVIORAL HEALTH INITIATIVE (CBHI)

mass.gov/masshealth/cbhi

CBHI's mission is to ensure that children with MassHealth insurance coverage who have significant behavioral, emotional, and mental health needs and their families get the services they need for success in home, school, community, and throughout life.

- Three Community Service Agencies (CSAs) were chosen for their demonstrated ability to serve specific cultural or linguistic communities. Like all CSAs, these specialized CSAs serve any family seeking services regardless of race, ethnicity, or language.
- Children's Services of Roxbury specializes in serving the African-American population in Greater Boston csrox.org
- The Gandara Center specializes in serving the Latino population in the Springfield/Holyoke area gandaracenter.org
- The Learning Center for the Deaf at the Walden School specializes in serving the deaf and hard-of-hearing population tlcdeaf.org

MASSACHUSETTS COMMISSION FOR THE DEAF AND HARD OF HEARING (MCDHH)

600 Washington Street, Boston, MA 02111

Voice: 617-740-1600, TTY: 617-740-1700

Video Phone: 617-326-7546, Toll Free Voice: 800-882-1155, Toll Free TTY: 800-530-7570

mass.gov/eohhs/gov/departments/mcdhh

The Massachusetts Commission for the Deaf and Hard of Hearing is the principal agency in the Commonwealth working on behalf of people of all ages who are deaf and hard of hearing.

- Statewide interpretation and Communication Access Realtime Translation referral service
- Case management for deaf, late-deafened, and hard of hearing people in need of human services
- Assists with connecting deaf and hard of hearing people with mental health and substance abuse services

MASSACHUSETTS OFFICE FOR REFUGEES AND IMMIGRANTS (MORI)

600 Washington Street, Boston, MA 02111

617-727-7888

mass.gov/eohhs/gov/departments/ori

The Office for Refugees and Immigrants (ORI) promotes the full participation of refugees and immigrants as self-sufficient individuals and families in the economic, social, and civic life of Massachusetts.

- Community Partners Directory lists the organizations that partner with ORI to serve immigrants and refugees. The Community Partners Directory, English Language Resource Directory, and other key resources are available at mass.gov/eohhs/gov/departments/ori/key-resources.html

MASS 2-1-1

211 or toll-free 877-211-6277, TTY 508-370-4890

mass211.org

Dial 211 to learn about community resources including parent supports, mental health services, crisis intervention, substance abuse services, support groups, food pantries, and much more. This informational service is free and available in multiple languages.

MASS OPTIONS

Toll Free Phone: 844-422-6277 and online chat, available in English and Spanish

massoptions.org

Connects those seeking services to the Aging and Disability Resource Consortia, state agencies like the Executive Office of Elder Affairs, and other organizations that provide services and supports to elders and persons with disabilities.

MASSACHUSETTS REHABILITATION COMMISSION (MRC)

600 Washington Street, Boston, MA 02111

617-204-3600

mass.gov/orgs/massachusetts-rehabilitation-commission

The Massachusetts Rehabilitation Commission (MRC) helps individuals with disabilities to live and work independently. MRC is responsible for Vocational Rehabilitation, Community Living and eligibility determination for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) federal benefits programs. MRC provides comprehensive services to people living with disabilities that maximize their quality of life and economic self-sufficiency in the community. All programs have their own intake criteria including financial, medical, and other eligibility requirements.

OTHER PROVIDER ORGANIZATIONS AND REFERRAL RESOURCES

ADVOCATES

1881 Worcester Road (Route 9 West), Framingham, MA 01701

24/7 Emergency Services for mental health or addiction crisis: 800-640-5432

Navigation to help families connect to services: 508-628-6801

advocates.org

Provides addiction services, autism services, help with employment issues as well as mental health counseling and emergency psychiatric services. Locations in Central Massachusetts, Boston, and Southeastern Massachusetts.

ASPERGER / AUTISM NETWORK

51 Water Street, Suite 206, Watertown, MA 02472

617- 393-3824

aane.org

Works with individuals, families, and professionals to help people with Asperger Syndrome and similar autism spectrum profiles build meaningful, connected lives.

BAY COVE HUMAN SERVICES

66 Canal Street, Boston, MA 02114

617-371-3000

baycove.org

Provides care and services to individuals and families who face the challenges of developmental disabilities, mental illness, drug and alcohol addiction, and aging. Locations in Boston and Southeastern Massachusetts.

BROCKTON AREA MULTI-SERVICES, INC. (BAMSI)

10 Christy's Drive, Brockton, MA 02301

508-580-8700

Helpline for health care, social services, financial assistance, housing, and food pantries:

508-584-4357

bamsi.org

Provides services for behavioral health, substance abuse, development/intellectual disabilities, and autism in areas across Massachusetts.

CAMBRIDGE HEALTH ALLIANCE

1493 Cambridge Street, Cambridge, MA 02139

617-665-1305

challiance.org

Provides addiction services, mental health services and psychiatry, and support for victims of violence. Mental health programs for specific populations: Asian, Haitian, Latino, Portuguese, and Cape Verdean. Deaf services available at Cambridge Hospital.

CHILD TRAUMA TRAINING CENTER, CENTRALIZED REFERRAL SYSTEM “LINK-KID”

855-456-5543

umassmed.edu/cttc

Links children who would benefit from evidence-based trauma treatments to trained providers of these treatments in Massachusetts. Able to make referrals to treatment for youth aged 0-18 years old.

D.E.A.F. INC.

215 Brighton Avenue, Allston, MA 02134

617-254-4041

deafinonline.org

Offers health support services to the Deaf, Deaf Blind, Hard of Hearing, and Late-Deafened community of Greater Boston and Eastern Massachusetts.

DISABILITY LAW CENTER

11 Beacon Street, Suite 925, Boston, MA 02108

617-723-8455 or 800-872-9992

dlc-ma.org

Private, non-profit Protection and Advocacy Agency for Massachusetts responsible for the rights of Massachusetts residents with disabilities. Provides information and referrals, technical assistance, and representation regarding legal rights and services for people with disabilities.

FAMILY RESOURCE CENTERS

frcma.org

Offers parenting programs, support groups, information and referrals, assessment services, early childhood services, and education programs for families whose children range in age from birth to 18 years old. Specific programs for families with children who may be frequently absent from or have serious problems at school, have serious problems at home, have run away from home, or are being exploited. Also provides specialized services for LGBTQ individuals.

FEDERATION FOR CHILDREN WITH SPECIAL NEEDS

529 Main Street, Boston, MA 02129

617-236-7210 or 800-331-0688

fcsn.org

Provides information, support, and assistance to parents of children with disabilities, their professional partners, and their communities. Has outreach coordinators who speak Spanish, Portuguese, and Chinese.

HAITIAN MENTAL HEALTH NETWORK

hmhnetwork.org

Organization comprised of mental health providers including psychologists, social workers, psychiatrists, mental health counselors, psychiatric nurses, and pastoral counselors who promote the mental health of Haitian individuals.

- List of organizations with mental health providers who are fluent in Haitian Creole and/or French available at **hmhnetwork.org/mental-health-services**

- List of agencies that serve the Haitian community in Boston and other parts of Massachusetts available at hmnetwork.org/boston-based-agencies

JAPANESE BOSTONIANS SUPPORT LINE

781-296-1800

jbline.org

24/7 hotline that provides emotional support, information, and resources to Japanese and Japanese Americans in New England.

JUSTICE RESOURCE INSTITUTE

160 Gould Street, Suite 300, Needham, MA 02494

781-559-4900

jri.org

Provides behavioral health and trauma services as well as residential and educational services. Justice Resource Institute's Health Law Institute provides advocacy and direct representation for individuals from vulnerable populations.

MASSACHUSETTS ADULT DAY SERVICES ASSOCIATION

1 Florence Street, Boston, MA 02131

617-469-5848

madsa.net

Promotes and supports the development of high quality Adult Day Health services in Massachusetts. List of Adult Day Health programs in each region of Massachusetts available at madsa.net/members/members-regions

MASSACHUSETTS ASSOCIATION FOR THE DEAF

P.O. Box 52097, Boston, MA 02205

Email: info@massdeaf.org

massdeaf.org

Serves and advocates for the Deaf Communities in Massachusetts by promoting, preserving and protecting the civil, human, and linguistic rights of Deaf individuals.

MASSACHUSETTS BEHAVIORAL HEALTH PARTNERSHIP (MBHP)

1000 Washington Street, Suite 310, Boston, MA 02118

800-495-0086, TTY: 877-509-6981

masspartnership.com

Offers integrated medical and behavioral health care to MassHealth Members statewide. Website contains a “Find a Provider” search feature to help people locate behavioral health services in their community.

MASSACHUSETTS LEAGUE OF COMMUNITY HEALTH CENTERS

40 Court Street #10, Boston, MA 02108

617-426-2225

massleague.org

Association representing the 50 community health center organizations in Massachusetts. Website contains a “Find a Health Center” search feature to help people locate the health center in their neighborhood.

- Community health centers often have bilingual staff who speak the languages of those who live in the community
- Some community health centers are contracted with MA Department of Public Health to provide refugee health assessments that include a behavioral health screening

MASSACHUSETTS ORGANIZATION FOR ADDICTION RECOVERY

29 Winter Street, 2nd Floor, Boston, MA 02108

617-423-6627

moar-recovery.org

Supports recovering individuals as well as their families and friends. Educates the public about recovery from alcohol and other addictions. Resources for Recovery Guide lists addiction and substance use services in Massachusetts and is available at **moar-recovery.org/resources**

MASSLEGALHELP.ORG

Website by Massachusetts legal aid programs to help people find information about their legal rights. Information available about health and mental health legal rights, housing rights, and rights of those experiencing homelessness as well as resources for immigrants, children and families, people with disabilities, and survivors of domestic violence.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), MA CHAPTER

NAMI MASS Compass Helpline: 617-704-6264

Monday through Friday, from 9 AM to 5 PM, available in English and Spanish

nami.org

Peer-run phone line that helps those affected by mental health issues navigate the mental healthcare system in Massachusetts. Navigators are available to answer questions and refer to NAMI support and education programs and other community resources.

PARENT/PROFESSIONAL ADVOCACY LEAGUE (PPAL)

15 Court Square, Suite 600, Boston, MA 02108

866-815-8122

ppal.net

Parent/Professional Advocacy League (PPAL) is the leading public voice for families whose children have emotional, behavioral, and mental health needs in Massachusetts. PPAL's goals are to support families, nurture parent and youth leaders and work for systems change. PPAL's programs focus on helping families and youth strengthen their knowledge and skills and ensure that their voices are part of every system that provides services for them. Support groups and educational events available in English, Spanish & Haitian Creole. PPAL's Child, Teen, and Young Adult Resource Guide is available at **ppal.net/wp-content/uploads/2011/01/Child-Teens-and-Young-Adult-Resources.pdf**

SAHELI

P.O. Box 1345, Burlington, MA 01803

Saheli Helpline: 866-472-4354

saheliboston.org

Community-based women's organization focused on the needs of South Asians with services available in Bangla/Bengali, Gujarati, Hindi, Punjabi, Sindhi, Tamil, Telegu, Urdu, Kannada, Kashmiri/Dogri, Konkani, Malayan, Marathi, Nepali/Nepalese, and Pashto. Saheli's online resource directory available at **saheliboston.org/resources**

STATEWIDE INDEPENDENT LIVING COUNCIL

masilc.org

Independent Living Centers provide information and referrals to persons with disabilities and their families. The centers also provide training in independent living skills and offer supports for persons with disabilities to participate in the community and have self-sufficiency. Map of independent living centers in Massachusetts available at **masilc.org/findacenter**

TRANSFORMATION CENTER

98 Magazine Street, Roxbury, MA 02119

617-442-4111

transformation-center.org

Statewide peer-operated training, technical assistance, and peer support networking organization. Facilitates the growth, well-being, and diverse voices and expressions of people in all stages of recovering their mental health and freedom from addictions and traumatic experiences. Peer-led coalitions include Asian American Voices of Recovery, Deaf and Hard of Hearing Recovery Project, Blacks United in Recovery, and Latinos en Accion.

WAYSIDE YOUTH AND FAMILY SUPPORT NETWORK

1 Frederick Abbott Way, Framingham, MA 01701

508-879-9800

waysideyouth.org

Provides mental health services to children, young adults, and families at many locations across Massachusetts. Available services include counseling; residential, day, and education services; services for young adults; community and outreach services; and care coordination.

Mental Health Education Materials in Multiple Languages

ETHNOMED

ethnomed.org/patient-education

Patient education materials about mental health with many resources specifically for refugee communities.

MENTALHEALTH.GOV IN SPANISH

espanol.mentalhealth.gov

Resources and information about prevention, treatment, and recovery from mental health conditions. Website focuses on the importance of talking about mental health and engaging parents, young people, community leaders, and professionals serving Spanish-speaking populations.

REFUGEE HEALTH TECHNICAL ASSISTANCE CENTER

refugeehealthta.org

Webinars for healthcare providers serving refugee communities and health education materials for refugees about mental health, suicide prevention, and communicable diseases. Bhutanese community members from across the U.S. were integral in adapting the Question, Persuade, Refer (QPR) suicide prevention model to be culturally appropriate for refugee communities. Their feedback led to the development of the Refugee Suicide Prevention Training Toolkit which includes posters in Arabic, Burmese, Karen, and Nepali **refugeehealthta.org/suicide-prevention-toolkit**

SELECTED PATIENT INFORMATION IN ASIAN LANGUAGES (SPIRAL)

spiral.tufts.edu/topic_list.shtml

Patient education information developed by non-profit health organizations about a variety of health topics including mental health. Materials are available in Cambodian/Khmer, Chinese, Hmong, Japanese, Korean, Laotian, Thai, and Vietnamese.

SYSTEMS AND PSYCHOSOCIAL ADVANCES RESEARCH CENTER (SPARC), UMASS MEDICAL SCHOOL

umassmed.edu/sparc

SPARC is a Massachusetts DMH Research Center of Excellence whose goal is to improve the mental and behavioral health of all citizens in Massachusetts and beyond. SPARC translates research findings into accessible, easy-to-read issue briefs and tip sheets on topics including mental health recovery, transition age youth, employment and school, human rights and ethics, parent and family mental health, and working with diverse populations to address mental health issues. Written materials are available in English and Spanish, and some select products are available in Vietnamese and American Sign Language (via videos). Sign-up for SPARC e-blasts and newsletter at **tinyurl.com/sparcnewsletter**



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Metro Boston Area

Allston
Boston
Brighton
Brookline
Cambridge
Charlestown
Chelsea

Dorchester
East Boston
Hyde Park
Jamaica Plain
Mattapan
Revere
Roslindale

Roxbury
Somerville
South Boston
West Roxbury
Winthrop

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Arbour Counseling Services 14 Fordham Road Allston, MA 02134 617-782-6460 arbourhealth.com/organizations/arbour-counseling-services	– Individual, couple, family, and group counseling – Crisis response – Evaluation and treatment	– Bengali – French – Hebrew – Italian – Russian – Spanish – Urdu
Asian American Civic Association 87 Tyler Street, 5th Floor Boston, MA 02111 617-426-9492 aaca-boston.org	– Job, housing, and college counseling – English for speakers of other languages – Youth center and youth mentoring program	– Cantonese Chinese – Mandarin Chinese
Asian Task Force Against Domestic Violence P.O. Box 120108 Boston, MA 02112 617-338-2350 24 hour Multilingual Helpline: 617-338-2355 atask.org	– Emergency shelter – Crisis intervention – Referrals – Children and family program – Life skills training – English for speakers of other languages – Legal advocacy – Medical/healthcare advocacy – Education and outreach	– Vietnamese – Cantonese Chinese – Shanghainese – Taiwanese – Khmer – Korean – Japanese – Lao – Nepali – Hindi – Bangla – Tagalog – Urdu – Thai – Manipuri – Mien – Indonesian – Toisanese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Association of Haitian Women in Boston 330 Fuller Street Dorchester, MA 02124 617-287-0096 afab-kafanm.org	– Domestic violence services – Youth development – Counseling – Community outreach – Housing support – Adult education	– Haitian Creole
Boston Alliance of Gay, Lesbian, Bisexual, and Transgender Youth Inc. P.O. Box 960814 Boston, MA 02196 617-227-4313 bagly.org	– Peer support – Social events – Leadership development – Community outreach – Referrals – HIV and risk counseling	– American Sign Language (ASL)
Boston Asian: Youth Essential Service, Inc. 199 Harrison Avenue Boston, MA 02111 617-482-4243 bostonasianyes.org	– Individual and family counseling – School drop-out prevention – Court diversion programs – Youth leadership programs – Substance abuse prevention – After school tutoring	– Mandarin Chinese – Cantonese Chinese – Toisanese – Fujinese – Vietnamese
Boston Center for Refugee Health and Human Rights 771 Albany Street Boston, MA 02118 617-414-4794 bcrrhr.org	– Medical and mental health services – Legal services – Health literacy education – Case management	– Interpreter services for over 30 languages
Boston Chinatown Neighborhood Center 38 Ash Street Boston, MA 02111 617-635-5129 bcnc.net	– Adult education – After school, summer, recreation and fitness programs – Early education and child care – Youth center	– Cantonese Chinese – Mandarin Chinese – Vietnamese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Children's Hospital Department of Psychiatry 300 Longwood Avenue Boston, MA 02115 617-355-6680 childrenshospital.org/centers-and-services/departments-of-psychiatry	- Inpatient and outpatient care - Emergency psychiatric service - Adolescent substance abuse program - Center for Young Women's Health - Deaf and Hard of Hearing Program - Eating Disorders Program	- Interpretation for more than 25 languages - Spanish-speaking interpreters available on-site
Boston GLASS For LGBTQ+ youth, homeless youth, and youth living with HIV ages 13-29 75 Amory Street Jamaica Plain, MA 02130 857-399-1920 jri.org/services/health-and-housing/health/boston-glass	- Support groups - Outreach and education - Drop-in center - Behavioral health services and referrals - Mentorship program - Free HIV/AIDS testing - Social events	- Spanish
Boston Mayor's Health Line 1010 Massachusetts Ave, 2nd floor Boston, MA 02118 800-847-0710 bphc.org/aboutus/mayors-health-line	- Free and confidential referral service for information about: - Health insurance - Social services - Mental health services - Legal services	- Spanish - Portuguese - Haitian Creole - Cape Verdean Creole - Over the phone interpreter service
Boston Medical Center Immigrant & Refugee Program 725 Albany Street Boston, MA 02118 617-414-5951 bmc.org/refugeehealth.htm	- Check-ups, immunizations, care for illnesses and injuries - Care coordination - Access to psychiatric and case management support - Consultation	- On-site and over the phone interpretation for over 30 languages

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Brazilian Immigrant Center 14 Harvard Avenue, 2nd Floor Allston, MA 02134 617-783-8001 braziliancenter.org	– Activism – Community outreach and education – Legal services	– Portuguese
Brazilian Women's Group 697 Cambridge Street, Suite 106 Brighton, MA 02134 617-202-5775 verdeamarelo.org	– Community outreach – English for speakers of other languages – Help for domestic violence – Cultural events – Referrals	– Portuguese
Casa Esperanza 302 Eustis Street Roxbury, MA 02119 617-445-1123 casaesperanza.org	– Substance abuse programs – HIV counseling, education, and case management – Parenting education – Recreational activities – Psychotherapy – Psychiatry – Employment & education programs – Anger management, life skills, and other therapeutic groups – Peer recovery coaching	– Spanish
Casa Myrna Vazquez, Inc. P.O. Box 180019 Boston, MA 02118 617-521-0100 Domestic Violence Hotline: 877-785-2020 casamyrna.org	– Emergency shelters – Transitional living programs – Counseling – Children's services – Legal advocacy – Support groups – Referrals	– Spanish – Portuguese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Center Club, a program of Bay Cove Human Services 31 Bowker Street Boston, MA 02114 617-788-1000 617-788-1091 (Spanish) centerclubboston.org	– Employment and education supports – Community outreach – Housing supports – Young adult programs – Dual Recovery Anonymous – Mental health peer support	– Spanish
Center for Cross-Cultural Student Emotional Wellness 55 Fruit Street Boston, MA 02114 617-726-2000 massgeneral.org/psychiatry/services/ccsew_home.aspx	– Education and primary prevention – Research – Consultation, treatment, and referral for Chinese international and second-generation students – Psychiatric diagnostic evaluations	– Mandarin Chinese – Cantonese Chinese
Children’s Services of Roxbury Specializes in serving the African-American population in Greater Boston 504 Dudley Street Roxbury, MA 02119 617-445-6655 csrox.org	– Early education and child care – Children’s Behavioral Health Initiative Community Service Agency – In-home therapy – Community support program – Case management – Outpatient substance abuse services – Outpatient mental health clinic – Intensive care coordination – Family support and training – Housing services	– Spanish – Haitian Creole – Cape Verdean Creole

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Community Legal Services and Counseling Center 1 West Street Cambridge, MA 02139 617-661-1010 clsacc.org	– Individual and group psychotherapy – Refugee and immigrant support services – Counseling for victims of abuse and torture – Legal services	– Spanish
Deaf and Hard of Hearing Service, Cambridge Health Alliance 1493 Cambridge Street Cambridge, MA 02139 617-665-3458 challiance.org	– Individual and family therapy – School consultation – Medication evaluation – Medication management – General psychiatric services	– American Sign Language (ASL)
Dorchester House Health Multi-Service Center 1353 Dorchester Avenue Dorchester, MA 02122 617-740-2212 dorchesterhouse.org/services/behavioral_health.html	– Individual, family, and group counseling – Anger management – Substance abuse services – Domestic violence services – Grief support – Mental health evaluation	– French – Kikongo – Lingala (Ngala) – Spanish – Vietnamese
Emerge: Counseling and Education to Stop Domestic Violence 2464 Massachusetts Avenue Suite 101 Cambridge, MA 02140 617-547-9879 emergedv.com	– Abuser education group meetings – Anger management program – Fatherhood education group	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Eritrean Community Center 590 Shawmut Avenue Roxbury, MA 02118 617-427-1210 eccboston.org	- Social and cultural events - Seminars and workshops on social, health, and financial issues - Mentorship programs - Adult education classes - Assistance with resumes and job interviews	- Amharic - Tigrinya
Ethiopian Community Mutual Assistance Association 522 Massachusetts Avenue Cambridge, MA 02139 617-492-4232 krichevsky.com/maac-3/prof-Ethiopian.html	- Advocacy - Social services - Interpreter services - Counseling - HIV/AIDS prevention education - Referrals	- Amharic
Fenway Health Healthcare for the LGBTQ+ community 1340 Boylston Street Boston, MA 02215 617-267-0900 142 Berkeley Street Boston, MA 02116 617-247-7555 75 Kneeland Street Boston, MA 02111 617-457-8140 fenwayhealth.org	- Outpatient mental health services - Psychotherapy - Psychiatry - Problem gambling program - Therapy and support groups - Addiction recovery and wellness - Violence recovery - Transgender health - LGBT family and parenting services	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Freedom Trail Clinic, Deaf and Hard of Hearing Outpatient Mental Health 25 Staniford Street Boston, MA 02114 617-912-7800 TTY: 617-912-7897 northsuffolk.org/services/adult-services/deaf-and-hard-of-hearing-outpatient-clinical-services	– Individual, family, and group therapy – Psychiatry consultation – Counseling – Crisis intervention – Referrals	– American Sign Language (ASL)
Frosina Information Network Albanian Cultural Resource and Information Center 162 Boylston Street Boston, MA 02116 617-482-2002 frosina.org	– English for speakers of other languages – Document translation service – Legal counseling – Referrals	– Albanian
Guidance Center 5 Sacramento Street Cambridge, MA 02138 617-354-2275 guidancectr.org	– Early childhood behavioral health services – Child and adolescent counseling – In-home therapy – Therapeutic Mentoring – Family services – Domestic violence services – Care coordination	– Spanish – Portuguese – Haitian Creole – Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Haitian American Public Health Initiative 1601-1603 Blue Hill Avenue P.O. Box 260386 Mattapan, MA 02126 617-298-8076 haphi.org	– Referrals – Peer support – Family support – Health education – Prevention media campaign – Haitians Against Drugs Program – Youth leadership – Medicare/Medicaid outreach and education	– Haitian Creole
Haitian Mental Health Network 637 Washington Street Dorchester, MA 02124 Email: HMHnetwork@gmail.com hmhnetwork.org	– Mental health education – Community forums and conferences – Resource guides – Referrals – Research – Clinical consultation and training	– Haitian Creole
Harvard Program in Refugee Trauma 22 Putnam Avenue Cambridge, MA 02139 617-876-7879 hprt-cambridge.org	– Torture Survivors Project – Bosnia Reconstruction Project – Cambodian Mental Health program – Mental health treatment for refugee patients and civilian survivors of mass violence and torture	– Interpreter services available
Home for Little Wanderers 10 Guest Street Boston, MA 02135 617-267-3700 Multiple sites in Boston area thehome.org	– Clinical and family support – Residential care – Special education – Transitional age youth program	– Amharic – Haitian Creole – French – Spanish – German – Mandarin Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Inquilinos Boricuas En Accion 405 Shawmut Avenue Boston, MA 02118 617-927-1707 iba-etc.org	– Youth development – Preschool program – After school and summer learning – Case advocacy – Health education – Referrals – Arts program	– Spanish
Irish International Immigrant Center 100 Franklin St, Lower Level 1 Boston, MA 02110 617-542-7654 iiicenter.org	– Case management – Counseling – Substance abuse prevention and recovery – Suicide prevention – Health screenings – Legal services	– Haitian Creole – French – Spanish
Irish Pastoral Center 15 Rita Road Dorchester, MA 02124 617-265-5300 ipcboston.org	– Immigration, detention, and U.S. citizenship services – Drug, alcohol and substance abuse services – Mental health services – Parenting groups – Employment services – Spiritual program and pastoral care	
Italian Home for Children 77 Warren Street Brighton, MA 02135 617-787-1901 italianhome.org/bamha	– In-home therapy – In-home behavioral services – Therapeutic Mentoring – Group treatment – Intensive family treatment	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Kit Clark Senior Services 66 Canal Street Boston, MA 02114 617-788-1083 kitclark.org	– Outpatient counseling and therapy – Substance abuse clinic – Anxiety clinic – Housing and rehabilitation for those with psychiatric disorders – Emergency services – Health education	– Vietnamese – Spanish – Haitian Creole
La Alianza Hispana, Inc. 434 Warren Street Boston, MA 02121 617-427-7175 laalianza.org	– Family counseling – Family stabilization and support – Teenage pregnancy prevention – Girls Initiative support group	– Spanish
Latino Health Insurance Program Iglesia Cristiana Nueva Vida 70 White Street East Boston, MA 02128 617-567-0235 Ext. 2 lhiprogram.org	– Community health education – Chronic disease self-management program – Medical clinic – Social services navigation: SNAP/food stamps and WIC application assistance – Health insurance navigation – Care coordination	– Spanish – Portuguese
Massachusetts Alliance of Portuguese Speakers 1046 Cambridge Street Cambridge, MA 02139 617-864-7600 Locations in Somerville, Brighton, and Dorchester maps-inc.org	– Domestic violence and sexual assault services – Family support – Immigrant integration services – Elder services – Language courses – HIV/STI testing and prevention – Medical case management – Translation service	– Portuguese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Massachusetts Society for the Prevention of Cruelty to Children 3815 Washington Street, Suite 2 Jamaica Plain, MA 02130 617-983-5800 mspcc.org	– Pregnancy and parenting services – Child and family behavioral health services – Trauma counseling – Adoption and foster care services	– Spanish – Haitian Creole
Native American Lifelines of Boston 2077 Centre Street West Roxbury, MA 02132 857-203-9680 nativeamericanlifelines.org	– Case management – Cultural activities – Elders program – Health promotion and disease prevention – Healthy Native Parenting – Prison outreach – Substance use prevention and treatment	
North American Indian Center of Boston, Inc. 105 South Huntington Avenue Jamaica Plain, MA 02130 617-232-0343 naicob.org	– Counseling – Community outreach – Advocacy – Referrals – Domestic violence and sexual assault victims support group	– Micmac (Mi'kmaq)
North Suffolk Mental Health Association, Inc. 301 Broadway Street Chelsea, MA 02128 617-889-3300 Locations in East Boston and Revere northsuffolk.org	– Outpatient mental health services – Addiction services – Southeast Asian program – Adult, child, and family mental health services – In-home therapy – Early childhood services – Adolescent services – Emergency services	– American Sign Language (ASL) – Khmer – Vietnamese – Spanish – Portuguese – Mandarin Chinese – Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Osiris Family Institute 184 Dudley Street, Suite 107 Roxbury, MA 02119 617-442-2002 osirisinstitute.com	– Educational workshops – Information and tools for parents – Family support services	– Haitian Creole – Cape Verdean Creole – French – Arabic
Priority Professional Care 1613 Blue Hill Avenue, Suite 302 Mattapan, MA 02126 857-598-4774 ppcboston.com	– Individual, group, family, and couples therapy – Psychiatric medication consultation – Adolescent stabilization – Case consultation – 24-hour crisis assistance	– Spanish – Haitian Creole – Cape Verdean Creole – French – Portuguese
Pyramid Builders Counseling Services, Inc. 1421 Blue Hill Avenue Mattapan, MA 02126 857-267-2059 pbacs.org	– Crisis intervention – Counseling – Group therapy – In-home therapy – Therapeutic mentoring – Anger management program – Substance abuse program	– Spanish – Portuguese – Arabic – Haitian Creole
Refugee and Immigrant Assistance Center 31 Heath Street Jamaica Plain, MA 02130 617-238-2430 riacboston.org	– Individual and family counseling – Support groups – Community outreach and education – Assistance for victims of disaster, crime, and domestic violence – Refugee resettlement services – Citizenship & green card services – Youth enrichment	– Somali – Arabic – Farsi – Spanish – Swahili – Ibo – Hausa

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Roca, Inc. 101 Park Street Chelsea, MA 02150 617-889-5210 rocainc.org	– Outreach and mentorship for youth – Young Mothers Program	– Spanish
Roxbury Multi-Service Center 321 Blue Hill Avenue Dorchester, MA 02121 617-989-0292 roxmulti.org	– Multicultural cancer support group – Family Nurturing Program – Anger management – Services for trauma survivors – Substance abuse services – In-home therapy – Adolescent and family supports – Therapeutic Mentoring	– Spanish – Haitian Creole – Vietnamese
Somali Development Center 10 Malcolm X Blvd. 2nd Floor Roxbury, MA 02119 617-522-0700 sdcbboston.org	– Basic adult literacy/citizenship assistance programs – Youth employment and crime prevention – Social services – Healthcare services	– Arabic – Amharic – Somali – Swahili
South Bay Community Service, Dorchester Mental Health Clinic 415 Neponset Avenue, 3rd Floor Dorchester, MA 02122 857-217-3700 southbaycommunityservices.com	– Day services – Children, youth, and family mental health services – Mental health and substance abuse counseling	– American Sign Language (ASL) – Spanish – Portuguese – Haitian Creole – Vietnamese – Mandarin Chinese – Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Trauma Center 1269 Beacon Street Brookline, MA 02446 617-232-1303 traumacenter.org	– Counseling – Evaluation for children, adolescents, and young adults – Family support – Trauma-focused therapies	– Spanish
Ummah Health 100 Malcolm X Boulevard Roxbury, MA 02120 617-858-6114 ummahealth.org	– Health insurance information and connection to primary care services – Mental health discussions – Alcoholics Anonymous groups – Parent and student workshops	– Arabic
Vietnamese American Civic Association 42 Charles Street Dorchester, MA 02122 617-288-7344 vaca-boston.org	– Housing counseling – Immigration services – Gardening program – Community health program – English for speakers of other languages – Youth development	– Vietnamese
Vietnamese American Initiative for Development 42 Charles Street, Suite E Dorchester, MA 02122 617-822-3717 vietaid.org	– Women’s Initiative program – Childcare and preschool – After school programs – Summer youth programs – Small business aid – Community outreach	– Vietnamese
Women’s Center 46 Pleasant Street Cambridge, MA 02139 617-354-6394 Crisis Helpline: 617-354-8807 cambridgewomenscenter.org	– Educational workshops – Drop-in center – Peer support	



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Central Massachusetts Area

Ashburnham	Gardner	Natick	Sterling
Ashby	Gilbertville	Needham	Sturbridge
Ashland	Grafton	New Braintree	Sudbury
Auburn	Groton	Newton	Sutton
Ayer	Harvard	Norfolk	Templeton
Barre	Hardwick	Northbridge	Townsend
Bellingham	Holden	Northborough	Upton
Berlin	Holliston	North Brookfield	Uxbridge
Blackstone	Holland	North Grafton	Wales
Bolton	Hopedale	Norwood	Walpole
Boylston	Hopkinton	Oakham	Warren
Brimfield	Hubbardston	Oxford	Webster
Canton	Hudson	Paxton	Wellesley
Brookfield	Lancaster	Pepperell	West Boylston
Charlton	Leicester	Plainville	West Brookfield
Clinton	Leominster	Princeton	Westborough
Dedham	Lunenburg	Rutland	Westminster
Douglas	Marlborough	Sharon	Weston
Dover	Medfield	Sherborn	Westwood
Dudley	Medway	Shirley	Whitinsville
East Brookfield	Mendon	Shrewsbury	Winchendon
Fitchburg	Milford	Southbridge	Worcester
Foxboro	Millbury	Southborough	Wrentham
Framingham	Millis	Southbridge	
Franklin	Millville	Spencer	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Advocates, Inc. and Advocates Deaf Services 1881 Worcester Road Framingham, MA 01701 508-628-6300 24/7 Hotline: 1-800-640-5432 Video Phone: 774-999-0606 Email: DeafInquiries@Advocates.org advocates.org	– 24 hour crisis support hotline, emergency services and mobile crisis intervention – Residential services – Outpatient mental health services – Resources for deaf employees – Individual, family, couples, and group therapy – Medication management – Youth and family services	– American Sign Language (ASL)
African Children Education 24 Chatham Street Worcester, MA 01609 508-799-3653 acechildren.org	– Tutoring – Mentoring – Life skills training – Home visitation with families – Extracurricular activities: dance, soccer	– Swahili – Haitian Creole – Arabic – Somali – Farsi
ARISE (Advocacy for Refugee and Immigrant Services for Empowerment) 10 Gordon Road Shrewsbury, MA 01545 617-446-3706 ariseus.org	– Nepali language reference guide for healthcare providers in Worcester – Citizenship assistance class – Community social events – Youth programs – Suicide prevention program	– Nepali
Ascentria Care Alliance 11 Shattuck Street Worcester, MA 01605 774-243-3100 ascentria.org	– Mental health and disability services – Refugee and immigrant services – Immigration legal assistance	– Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Health Care 1600 Providence Highway, Suite 167 Walpole, MA 02081 508-660-7974 bostonhealthcareinc.com	– Individual, couples, group, and family therapy – Child, adolescent, and adult services – Medication management – Substance abuse counseling	– Arabic – Greek – Urdu
Callahan Center 535 Union Avenue Framingham, MA 01702 508-532-5980 framinghamma.gov/360/Council-on-Aging	– Recreational and social events – Substance abuse and mental health education – Caregiver support groups – Legal services – Computer classes	– Spanish
Center for Health Impact 35 Harvard Street, Suite 300 Worcester, MA 01609 508-756-6676 centerforhealthimpact.org	– Community health worker training – Consultations – Curriculum development – Training and technical assistance – Community based participatory research & qualitative research	– Interpreter and translation services
Center for Living and Working, Inc.: Deaf and Hard of Hearing Independent Living Services 484 Main Street Denholm Building, Suite 345 Worcester, MA 01608 Voice: 508-798-0350 TTY: 508-755-1003 Video Phone: 508-762-1164 centerlw.org	– Independent living skills training – Advocacy – Peer mentoring – Crisis intervention – Community education – Referrals	– American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Centro Las Americas 11 Sycamore Street Worcester, MA 01608 508-798-1900 centroinc.org	- In-home therapy - Therapeutic Mentoring - Youth and family support programs - Community outreach	- Spanish - Portuguese - Haitian Creole - Arabic - Vietnamese
Children's Friend 21 Cedar Street Worcester, MA 01609 508-753-5425 sevenhills.org/affiliates/childrens-friend	- Child and family counseling - Psychological testing - Adoption services - Early childhood learning	- Spanish - French - Italian
Community Healthlink, Inc. 275 Belmont Street Worcester, MA 01604 508-791-3261 communityhealthlink.org	- Family support and training - Psychotherapy - Psychiatry - Counseling for children, youth, adults, and families - Crisis intervention - Victim services and advocacy - Intensive Care Coordination	- Spanish - Portuguese - Thai
Counseling and Assessment Clinic of Worcester, LLC 38 Front Street, 5th floor Worcester, MA 01608 508-756-5400 33 Electric Avenue, Suite 204 Fitchburg, MA 01420 978-345-9400 cacworcester.org	- Life skills training - Medical and outpatient coordination - Crisis plan development - Peer support and self-help groups - Therapeutic Mentoring - In-home and outpatient therapy - Group therapy - Substance abuse services - Medication management	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Everyday Miracles 25 Pleasant Street Worcester, MA 01609 508-799-6227 everydaymiraclesprsc.org	- Community outreach - Housing, furniture and clothing referrals - Peer mentoring and support - Support groups and meetings - Health and wellness workshops - Computer classes - Recovery Coaching	- Spanish
Family Continuity Programs (FCP) 29 East Mountain Street Worcester, MA 01606 508-755-0556 76 Church Street, Suite 301 Whitinsville, MA 01588 508-234-4181 familycontinuity.org	- Family and community based services - Cultural Broker Support Program - Outpatient mental health services - School based behavioral health	Cultural Broker Support Program available in: - Spanish - Arabic - Nepali - Somali
Friendly House 36 Wall Street Worcester, MA 01604 508-755-4362 friendlyhousema.org	- Homeless family shelter - Emergency food pantry - Immigration assistance - After school programs - Referrals	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Hearing Loss Association of Central Massachusetts Headquarters address: 7910 Woodmont Avenue, Suite 1200 Bethesda, MD 20814 Meetings at Northborough Library: 34 Main Street Northborough, MA 01532 301-657-2248 Email: info@hearinglosscentralma.org hearinglosscentralma.wordpress.com	– Monthly meetings on topics relating to hearing loss – Information and peer support	– American Sign Language (ASL) – Computer Aided Real Time Captioning (CART)
Hector Reyes House Latin American Health Alliance 27 Vernon Street Worcester, MA 01610 508-459-1801 lahaworc.org	– Residential substance abuse treatment for Latino men – English for Speakers of Other Languages (ESOL) – Educational programs for literacy and GED completion – Physical fitness, nutrition education, and disease management – Alcoholics Anonymous, Narcotics Anonymous, and other 12 step programs – Vocational and social skills training	– Spanish – Portuguese
Jewish Community Center 633 Salisbury Street Worcester, MA 01609 508-756-7109 worcesterjcc.org	– Health and fitness classes – Summer camp – Childcare – Teen events and sports – Programs for elders – Cultural arts	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Kiva Center 209 Shrewsbury Street Worcester, MA 01604 508-751-9600 centralmassrlc.org	– Mental health peer support – Support groups – Social events – Arts, Yoga, and Zumba	– American Sign Language (ASL) – Spanish – Portuguese
Latino Health Insurance Program 88 Waverly Street, 1st Floor Framingham, MA 01702 508-875-1237 Locations in Milford and Worcester lhiprogram.org	– Community health education – Chronic disease self-management program – Medical clinic – Social services navigation: SNAP/food stamps, WIC application assistance – Health insurance navigation – Care coordination	– Spanish – Portuguese
Learning Center for the Deaf 848 Central Street Framingham, MA 01701 508-879-5110 Video Phone: 774-999-0941 tlcdeaf.org	– American Sign Language classes (ASL) – Audiology – Walden Community Services: Comprehensive services to families with a Deaf or Hard of Hearing member – Public school partnerships – Interpreting services	– American Sign Language (ASL)
LUK Crisis Center 545 Westminster Street Fitchburg, MA 01420 978-345-0685 251 Main Street Webster, MA 01570 508-640-0011 40 Southbridge Street Worcester, MA 01608 508-672-3000 luk.org	– Youth development – Substance abuse prevention – Psychiatry – Mental health assessment and treatment – Addictions treatment – Referrals – Foster care services – Residential programs – Young adult services	– Spanish – Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Martin Luther King Jr. Opportunity Center, SMOC 237 Chandler Street Worcester, MA 01609 508-756-6330 mlkj-oc.org	- Homeless services - Shelter - Housing services - Community outreach - Employment assistance	- Spanish - Portuguese
Multicultural Wellness Center 250 Commercial Street Worcester, MA 01608 508-752-4665 515 Main Street, 1st Floor Fitchburg, MA 01420 978-343-3336 multiculturalwellness.org	- Outpatient therapy - In-home therapy - Culturally centered counseling - Balancing Life and Recovery support group - Therapeutic Mentoring - Substance abuse services	- Arabic - Bangladeshi - Cape Verdean - French - Haitian Creole - Hindi - Japanese - Patois - Punjabi - Portuguese - Russian - Spanish - Swahili - Ibo-Nigerian - Twi
Our Deaf Survivors Center 12 Meade Street Worcester, MA 01610 978-451-7225 Email: CBosdc414@gmail.com odscunity.org	- Sexual violence and domestic violence services - Advocacy - Website has list of Signing Therapists in Massachusetts - Trainings for culturally and linguistically accessible services for Deaf victims/survivors	- American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Pathways for Change: Deaf Survivors Program 588 Main Street Worcester, MA 01608 Video Phone: 508-502-7681 24 hour Hotline: 800-870-5905 pathwaysforchange.help/pfc/agency-programs/deaf-survivors-program	– Culturally appropriate and accessible crisis counseling and advocacy services for survivors of sexual violence who are Deaf and Hard of Hearing – Medical, police, and court accompaniment – Workshops and consultation – Support groups	– American Sign Language (ASL) – Spanish
Refugee & Immigrant Assistance Center 340 Main Street, Suite 802 Worcester, MA 01608 508-756-7557 riacboston.org	– Youth enrichment – Civics tutoring, citizenship, and Green Card services – Domestic violence advocacy – Community support program – Employment services – Extended case management – Refugee resettlement – Community mental health clinic	– Somali – Arabic – Farsi – Spanish – Swahili – French
Riverside Community Care 270 Bridge Street, Suite 301 Dedham, MA 02026 781-329-0909 riversidecc.org	– Outpatient counseling – Emergency services – Early childhood services and early intervention – Home-based services – Community living services – Suicide prevention education – Domestic violence services – Employment services – Therapeutic Mentoring – Family support	– Cantonese Chinese – Mandarin Chinese – Korean – Portuguese – Russian – Spanish – Arabic – Greek – French

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Sarah Care /Adult Day Health 1217 Grafton Street Worcester, MA 01604 508-756-7272 sarahcare.com/Worcester	- Adult day services - Customized programs of individual and group activities - Nursing services - Ancillary care - Transportation	- Vietnamese - Chinese
SMOC Behavioral Health Services 7 Bishop Street Framingham, MA 01702 508-872-4853 255 Main Street, Suite 113 Marlborough, MA 01752 508-460-9699 smoc.org	- Adult mental health services - Child, adolescent, and family counseling - Family shelter - Rape crisis services - Emergency housing for women - Substance abuse services - Domestic violence and sexual assault services - Young adult residential services and case management - Recovery programs	- Spanish - Portuguese
Southeast Asian Coalition of Central Massachusetts 484 Main Street, Suite 400 Worcester, MA 01608 508-791-4373 seacma.org	- Youth groups - Refugee assistance - Cultural arts - Referrals - Health and wellness programs - Economic development - Language classes - Career services	- Laotian - Cambodian - Vietnamese - Thai

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Spanish American Center 112 Spruce Street Leominster, MA 01453 978-534-3145 spanishamericancenter.org	- Asthma awareness - Breast cancer education - English for Speakers of Other Languages (ESOL) - Food pantry - Domestic violence services and counseling - After school program - Elders program - Homeless services	- Spanish
UMass Memorial Health Care Behavioral/Psychiatric Services 281 Lincoln Street Worcester, MA 01605 508-334-1000 Other locations in Worcester umassmemorialhealthcare.org	- Outpatient and inpatient psychiatry - Substance abuse services - Depression Specialty Clinic - Individual and family therapy - Psychopharmacology - Women's behavioral health program - Neuropsychology - Emergency mental health care	- American Sign Language (ASL) - Interpreter services available
United Hmong of Massachusetts, Inc. 21 Culley Street, Suite 104 Fitchburg, MA 01420 978-343-3831 unitedhmong.org	- Social services - Translation services - Cultural events - Community advocacy	- Hmong

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Worcester Adult Day Health/ Renaissance 81 Lafayette Street Worcester, MA 01608 508-831-7500 daycarein.com/adult-daycare/worcester_ma_city.html	- Adult day services - Customized programs of individual and group activities - Nursing services - Ancillary care - Transportation	- Russian - Albanian - Spanish
Youth Opportunities Upheld, Inc. 81 Plantation Street Worcester, MA 01604 508-849-5600 youinc.org	- Outpatient individual and family therapy - Early childhood mental health consultation - Substance abuse program for adolescents ages 13-18 - Residential mental health treatment - Therapeutic Day Treatment	- Spanish - Portuguese - American Sign Language (ASL) and other services for those with impaired hearing
Zia Access Center At The Bridge of Central MA 4 Mann Street Worcester, MA 01602 508-751-9600 At the Kiva Center 209 Shrewsbury Street Worcester, MA 01602 774-242-6364 centralmassrlc.org	- Young adult peer support - Employment assistance - LGBTQIA+ services - Research opportunities with paid stipends	- Spanish



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Northeast Massachusetts Area

Acton	Chelmsford	Littleton	Newbury	Tewksbury
Amesbury	Concord	Lowell	Newburyport	Topsfield
Andover	Danvers	Lynn	North Andover	Tyngsborough
Arlington	Dracut	Lynnfield	North Reading	Wakefield
Bedford	Dunstable	Malden	Peabody	Waltham
Belmont	Essex	Manchester	Reading	Watertown
Beverly	Everett	Marblehead	Rockport	Wenham
Billerica	Georgetown	Maynard	Rowley	Westford
Boxborough	Gloucester	Medford	Salem	West Newbury
Boxford	Hamilton	Melrose	Salisbury	Wilmington
Bradford	Ipswich	Merrimac	Saugus	Winchester
Burlington	Lawrence	Methuen	Stoneham	Woburn
Byfield	Lexington	Middleton	Stow	
Carlisle	Lincoln	Nahant	Swampscott	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Alternative House, Inc. P.O Box 2100 Lowell, MA 01885 978-937-5777 24/7 Hotline:888-291-6228 alternative-house.org	- Community-based support group - Community education - Domestic violence emergency shelter services	- Portuguese - Spanish
Arbour Counseling Services 116 Summer Street Haverhill, MA 01830 978-373-7010 599 Canal Street Lawrence, MA 01840 978-686-8202 10 Bridge Street Lowell, MA 01852 978-453-5736 arbourhealth.com	- Individual, couple, family, and group mental health counseling - Substance abuse counseling - Case management - Latino partial hospitalization program - Women's partial hospitalization program - The Triangle Program (LGBTQ focused)	- Spanish - Greek - Khmer - Russian - Ukrainian
Arbour Counseling Services Latino Program 115 Mill Street Belmont, MA 02478 617-855-2000 arbourhealth.com/about/Latino-services	- Short-term treatment for Latino adults with psychiatric or co-occurring psychiatric and addiction disorders - Psychotherapy and psychoeducation group sessions - Individual, group, and family therapy - Medical evaluation and monitoring	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Bosnian Community Center for Resource Development, Inc. 330 Lynnway, Suite 302 Lynn, MA 01901 781-593-0100 Ext. 20 bccrd.org	– English for Speakers of Other Languages (ESOL) – Citizenship assistance – Translation and Interpreting Project – Services for refugees and immigrants who are deaf or hard of hearing – Legal assistance – Information and referrals	– Albanian – Arabic – Bosnian – Croatian – Nepali – Hindi – Serbian – Somali
Cambodian Mutual Assistance Association 465 School Street Lowell, MA 01851 978-454-6200 cmaalowell.org	– English for Speakers of Other Languages (ESOL) – Civics and history classes – Aid with citizenship application process	– Khmer (Cambodian) – Lao – Thai – Vietnamese – Burmese
Children’s Friend & Family Services—A Division of Justice Research Institute 112 Market Street Lynn, MA 01901 781-592-5691 15 Union Street Lawrence, MA 01840 978-682-7289 childrensfriend.net	– Children’s mental health services – Youth mentoring – Teen parenting services – Juvenile court services – In-home therapy – Therapeutic mentoring – Outpatient therapy – Family support and training	– Haitian Creole – Cantonese Chinese – Khmer (Cambodian) – Albanian – Spanish (Lawrence only)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Congolese Development Center 330 Lynnway 781-593-0100 Ext. 11 cd-c.org	- Translation services - Legal services - Employment services - Preventative health services - Cultural promotion and advocacy - Cross-cultural interaction program	- French
Eliot Community Human Services 730 Eastern Avenue Malden, MA 02148 781-395-0704 eliotchs.org	- Emergency services and crisis stabilization - Individual, group, and family outpatient counseling - Addiction treatment - In-home therapy - Therapeutic mentoring - Early intervention for children - Community outreach - Mental illness case management	- Spanish - Haitian Creole - Mandarin Chinese - Portuguese - Amharic
Family Continuity Programs (FCP) 360 Merrimack Street Lawrence, MA 01843 978-687-1617 9 Centennial Drive, Suite 202 Peabody, MA 01960 978-927-9410 familycontinuity.org	- Children's Behavioral Health Initiative (CBHI) - Family/community based services - Outpatient mental health clinics - Integrated care services - Workplace safety training - Specialized community programs	- Spanish - Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
International Institute of Lowell 15 Warren Street Lowell, MA 01852 978-459-9031 ine.org	– Refugee resettlement – Health and mental health service navigation – Employment and education services – Targeted services for Asylees and Cuban-Haitian entrants – English for Speakers of Other Languages (ESOL)	– Interpreters services available
Jewish Family and Children's Services 1430 Main Street Waltham, MA 02451 781-647-5327 jfcsboston.org	– Child and family counseling – In-home services – School-based consultation – Community services	– German – Hebrew – Russian – Spanish – Yiddish
Lahey/Northeast Behavioral Health 200 Main Street Haverhill, MA 01820 978-374-0414 298 Washington Street Gloucester, MA 01930 978-922-0025 nebhealth.org	– Outpatient clinics, counseling, and medication services – Day treatment for adults – Addiction treatment – Child, youth, and family services – Inpatient mental health – Employee assistance programs – Emergency psychiatric care	– French (Haverhill site only) – Spanish – Haitian Creole – Shona – Japanese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Lowell Community Health Metta Health Center 135 Jackson Street Lowell, MA 01852 978-441-1700 lchealth.org	– Focused on Southeast Asian and other refugee populations in Lowell – Mental health services – Acupuncture – Massage therapy – Social services – Meditation – Health education	– Khmer (Cambodian) – Laotian – Portuguese – Vietnamese – French – Mandarin Chinese – Hindi – Swahili – Interpreter services available
Massachusetts Alliance of Portuguese Speakers (MAPS) 11 Mill Street Lowell, MA 01852 978-970-1250 maps-inc.org	– Citizenship assistance – Domestic violence/sexual assault advocacy – Family support services – Intimate partner abuse educational program – Translation and notary services – Elder services – Employment and career assistance – Immigrant integration services	– Portuguese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
McLean Hospital 115 Mill street Belmont, MA 02478 800-333-0338 mcleanhospital.org	– Alcohol/ drug abuse services – Child and adolescent services – Inpatient and outpatient services – Adult psychiatric program – Trauma, borderline personality disorder, and eating disorder services	– French – American Sign Language (ASL) – Interpreter available through telephone or in person
Mystic Valley Elder Services 300 Commercial Street, Suite 19 Malden, MA 02148 781-324-7705 mves.org	– Coordination of services – Services for LGBTQ seniors – Resource for Chinese-American seniors (citizenship, translations, etc.) – Services for adults with disabilities – Caregiver support services	– French – Fuzhou – German – Polish – Russian – Spanish – Ukrainian – Haitian Creole
Northeast Independent Living Program 20 Ballard Road Lawrence, MA 01843 978-687-4288 nilp.org	– Advocacy – Personal care attendant program – Deaf and hard of hearing independent living services – Vocational rehabilitation learning community – Youth services program	– American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Refugee & Immigrant Assistance Center (RIAC) 330 Lynnway Lynn, MA 01901 781-593-0100 Ext. 13 riacboston.org	– Youth enrichment – Civics tutoring, citizenship, and Green Card services – Domestic violence advocacy – Community support program – Employment services – Extended case management – Refugee resettlement – Community mental health clinic	– Somali – Farsi – Arabic – Spanish – Swahili
Russian Community Association of Massachusetts 330 Lynnway, Suite 302-Rear Lynn, MA 01901 781-593-0100 rcamlynn.org	– Case management – English for employment classes – Youth programs – Elder services – Preventative health – Citizenship assistance	– Russian – Ukrainian – Moldavian – Turkish – Uzbek – Interpreter services available
South Bay Community Services 35 Congress Street, Suite 214 Salem, MA 01970 978-542-1951 22 Old Canal Drive Lowell, MA 01851 978-674-5400 Other locations in Lawrence and Malden southbaycommunityservices.com	– Adult behavioral health – Substance abuse counseling – Children’s behavioral health – Day services – Autism services – Early childhood services	– Spanish – Portuguese – Khmer (Cambodian) – Japanese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Wayside Youth & Family Support Network 73 East Merrimack Street Lowell, MA 01852 978-460-8712 waysideyouth.org	– Intensive care coordination – In-home therapy – Therapeutic mentoring – Other family-based services	– Spanish – Portuguese – Khmer (Cambodian)
YouForward 15 Union Street Lawrence, MA 01840 978-989-2047 Drop-in Centers: Mondays through Wednesdays 1:00-6:00pm YouForward-Entrance B in the back of the building 15 Union Street Lawrence, MA 01840 Thursdays 2:00-5:00pm Haverhill YMCA 81 Winter Street Haverhill, MA 01830 youforward.org	YouForward serves young adults ages 16-25 who experience mental health concerns. Services include: – Individual and Team-based support services to help young adults in the areas of education, housing, employment, physical and mental health and more. – Gathering & Inspiring Future Talent (GIFT)/Employment courses – LGBTQ&A Group and Activities	– Spanish



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Southeast Massachusetts Area

Abington	Dennis	Holbrook	Orleans	Taunton
Acushnet	Dighton	Hull	Osterville	Tisbury
Aquinnah	Duxbury	Hyannis	Pembroke	Truro
Attleboro	East Bridgewater	Lakeville	Plymouth	Vineyard Haven
Avon	Eastham	Mansfield	Plympton	Wareham
Barnstable	Easton	Marion	Pocasset	Wellfleet
Berkley	Edgartown	Marshfield	Provincetown	West Bridgewater
Bourne	Fairhaven	Mashpee	Quincy	West Tisbury
Braintree	Fall River	Mattapoisett	Randolph	Weymouth
Brewster	Falmouth	Middleborough	Rehoboth	Whitman
Bridgewater	Freetown	Milton	Rochester	Woods Hole
Brockton	Gay Head	Nantucket	Rockland	Yarmouth
Carver	Gosnold	New Bedford	Sandwich	
Chatham	Halifax	North Attleboro	Scituate	
Chilmark	Hanover	Norton	Seekonk	
Cohasset	Hanson	Norwell	Somerset	
Cotuit	Harwich	Oak Bluffs	Stoughton	
Dartmouth	Hingham	Onset	Swansea	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Abelard Psychotherapy, LLC 450 Pearl Street, Suite 3 Stoughton, MA 02072 781-344-0057 abelardpsychotherapy.com	– Individual therapy – Medication management – In-home therapy – Therapeutic mentoring services	– Haitian Creole – Portuguese – Spanish
Arbour Counseling Center 134 Ansel Hallet Road West Yarmouth, MA 02673 774-470-2294 1082 Davol Street Fall River, MA 02720 508-678-2833 arbourhealth.com	– Substance abuse counseling services – Community support programs – In-home therapy – Therapeutic mentoring – Home-bound outpatient therapy – Partial hospitalization and intensive outpatient programs – School based services – Structured outpatient addiction program	– Portuguese – Spanish – Haitian Creole
BAMSI (Brockton Area Multi-Services, Inc.) 24 Mercedes Road Brockton, MA 02301 508-580-8700 bamsi.org	– Peer recovery support – Individual and family counseling – Adult day treatment center – Employment services – Parent information network – Services for Parents of transitional aged youth	– Cape Verdean Creole – Haitian Creole

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Chinatown Neighborhood Center 38 Ash Street Boston, MA 02111 617-635-5129 275 Hancock Street, Suite 200 Quincy, MA 02171 617-770-0091 bcnc.net	- Adult education - After school and summer programs - Early education and care - Childcare services - Family services - Recreation and fitness - Youth center	- Cantonese Chinese - Mandarin Chinese - Vietnamese
Bristol Elder Services 1 Father Devalles Blvd, #8 Fall River, MA 02723 508-675-2101 bristolelder.org	- Information and referrals - Crisis intervention - Outreach and education - Intake, assessment, and service planning - Advocacy - Caregiver support - Legal services	- Portuguese - Spanish - Khmer (Cambodian)
Cape Cod Behavioral Health Services Psychiatric Center 27 Park Street Hyannis, MA 02601 508-862-5566 capecodhealth.org	- 24 hour mental health assessments and referrals - Psychiatric assessment - Adult inpatient psychiatric care - Geriatric outpatient psychiatry - Child, adolescent, and adult outpatient psychiatric services	- Interpreter services available including American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Catholic Charities 169 Court Street Brockton, MA 02302 508-587-0815 ccab.org	- Family counseling and guidance center - Family intervention program - Case management - Support groups - English for Speakers of Other Languages (ESOL) - Refugee resettlement - Immigration legal services - Employment services - Shelter services - Community interpreter services	- Haitian Creole - French - Spanish - Cape Verdean Creole
Child & Family Services 3057 Acushnet Avenue New Bedford, MA 02740 508-990-0894 1061 Pleasant Street New Bedford, MA 02740 508-996-8572 543 North Street New Bedford, MA 02740 508-996-3154 child-familyservices.org	- Specialized mental health services - Emergency mental health services - Adoption services - Outreach and counseling for youth and families - Psychiatric services - Open support groups for the public - Closed support groups available only to clients after referral by a psychiatrist or therapist	- Spanish - Portuguese - Cape Verdean Creole

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Community Counseling of Bristol County 1 Washington Street Taunton, MA 02780 508-828-9116 19 Cedar Street Taunton, MA 02780 508-823-6124 5 Bank Street Attleboro, MA 02703 508-222-8812 comcounseling.org	– Mental health and substance abuse treatment – Community support services – Acute care services (adult partial hospitalization) – Rehabilitation and recovery – Adult behavioral health services – Child and family treatment services – Adult/child case management	– Spanish – Portuguese – American Sign Language (ASL)
Fairwinds-Nantucket's Counseling Center 20 Vesper Lane, #L1 Nantucket, MA 02554 508-228-2689 fairwindscenter.org	– Addiction and substance abuse rehabilitation program – Couples therapy sessions – Emergency services – In-home family services – Medication management – Mentoring Youth Nantucket Programs – Outpatient counseling – Urgent behavioral healthcare clinic	– Korean – Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Family Continuity Program (FCP) 118 Long Pond Road, Suite 106 Plymouth, MA 02360 508-747-6762 29 Bassett lane Hyannis, MA 02601 508-862-0273 familycontinuity.org	– Children’s Behavioral Health Initiative (CBHI) – Family/community based services – Outpatient mental health clinics – Integrated care services – Workplace safety training – Specialized community programs	– Spanish – Interpreter services available
Family Service Association 101 Rock Street Fall River, MA 02720 508-677-3822 frfsa.org	– In-home therapy – Therapeutic mentoring – Employment support – Family resource and home assistance program – Adult day health and family care program – Behavioral health center	– Spanish – Portuguese – Khmer (Cambodian) – Cape Verdean Creole
Health Imperatives 942 West Chestnut Street Brockton, MA 02301 508-583-3005 24/7 Hotline: 508-588-8255 Other locations in Falmouth, Vineyard Haven, Nantucket, Plymouth, and New Bedford healthimperatives.org	– Penelope’s Place Domestic Violence Center – LGBTQ support/BrAGLY group – Sexual and reproductive health services – LGBTQ youth crisis counseling and advocacy – 24-hour domestic violence hotline – Court advocacy services	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
High Point Treatment Center 1233 State Road Plymouth, MA 02360 508-224-7701 hptc.org	– Outpatient and community based services – Women’s and men’s addiction treatment centers – The CASTLE (Clean and Sober Teens Living Empowered) – Children’s Behavioral Health Initiative (CBHI)	– Spanish – Portuguese
Immigrants Assistance Center 58 Crapo Street New Bedford, MA 02740 508-996-8113 immigrantsassistancecenter.org	– Citizenship services – Free English for Speakers of Other Languages (ESOL) and Civic classes – Advocacy – Interpretation assistance – Case management – Counseling – Crisis management	– Interpreter and translation services available
Independence House, Inc. 160 Bassett Lane Hyannis, MA 02601 508-771-6507 24/7 Hotline: 800-439-6507 independencehouse.org	– Domestic and sexual violence services – Individual counseling, advocacy, and groups for survivors, children, and adolescents – Housing stabilization – Medical/police accompaniment – Primary prevention practices – Education and outreach	– Brazilian – Portuguese – Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Italian Home for Children 5 Palmer Court East Freetown, MA 02717 508-763-4217 italianhome.org	- Milieu therapy - Individual and group therapy - Intensive family treatment - Family preservation services	- American Sign Language (ASL) - Cape Verdean Creole - Greek - Spanish
Luminosity Behavioral Health 157 Main street Brockton, MA 02301 781-344-0102 luminosityma.org	- Mental health and substance abuse counseling services - Clinical services - Specialty programs - Children's Behavioral Health Initiative (CBHI) - Therapeutic mentoring - In-home therapy	- French - Haitian Creole - Portuguese - Spanish
Martha's Vineyard Community Services 111 Edgartown Road Oak Bluffs, MA 02557 508-693-7900 24/7 Hotline: 508-696-7233 mvcommunityservices.com	- 24 hour emergency domestic & sexual violence hotline - Assessments, diagnosis and treatment - Medication monitoring - Substance use programs - Individual and family therapy - In-home therapy - Veterans Outreach program	- Portuguese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
New Life Counseling 400-402 North Main Street Randolph, MA 02368 781-986-4800 newlifecounselingcenter.org	- In-home therapy - Outpatient services - Family stabilization and support services - Individual and family flexible support services - Therapeutic mentoring	- Haitian Creole - Mandarin Chinese - Cantonese Chinese
Northeast Family Services 145 Faunce Corner Road Dartmouth, MA 02747 774-206-1125 northeastfamilyservices.com	- In-home behavioral services - Therapeutic mentoring - In-home therapy	- Haitian Creole - Spanish
Pyramid Builders Counseling 425 Pleasant street Brockton, MA 02301 617-481-8566 pyramidbuilderscounseling.com	- Individual therapy - In-home therapy - Therapeutic mentoring - Community support programs - Family, group and couples therapy	- Cape Verdean Creole - Spanish - Haitian Creole

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Seven Hills Behavioral Health 10 Welby Road 1st Floor New Bedford, MA 02745 508-995-6360 sevenhills.org	- Mental health counseling - Education services - Psychiatric day treatment program - Children's residential programs - Adult residential programs	- Portuguese - Spanish
South Shore Mental Health 500 Victory Road Quincy, MA 02171 617-847-1950 ssmh.org	- Early intervention - Outpatient counseling - Trauma services - Substance abuse services - Specific services for the Asian community	- Spanish - American Sign Language (ASL) - Haitian Creole - French - Cantonese Chinese - Mandarin Chinese - Vietnamese
St. Vincent's Home 2425 Highland Avenue Fall River, MA 02720 508-679-8511 stvincentshome.org	- Pre-independent living support for youth - Support and stabilization services - Children's Behavioral Health Initiative (CBHI) - Mental health clinic - Life skills program - Spiritual development	- Spanish - Cape Verdean Creole - Cantonese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
The Women's Center (Greater New Bedford Women's Center) 405 County Street New Bedford, MA 02740 508-996-3343 24/7 Hotline: 508-999-6636 thewomenscenters.com	- Counseling, education, outreach, referrals and resources - Sexual and domestic violence program - Child trauma program - Residential services - Legal and medical advocacy	- Spanish - Portuguese



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Western Massachusetts Area

Adams	Deerfield	Huntington	Otis	Sunderland
Agawam	Easthampton	Lanesborough	Palmer	Thorndike
Alford	East Longmeadow	Lee	Pelham	Three Rivers
Amherst	Egremont	Lenox	Peru	Tolland
Ashfield	Erving	Leverett	Petersham	Turner Falls
Athol	Florence	Leyden	Phillipston	Tyringham
Becket	Florida	Longmeadow	Pittsfield	Ware
Belchertown	Gill	Ludlow	Plainfield	Warwick
Bernardston	Goshen	Middlefield	Richmond	Washington
Blandford	Granby	Monroe	Rowe	Wendell
Bondsville	Granville	Monson	Royalston	Westfield
Buckland	Great Barrington	Montague	Russell	Westhampton
Charlemont	Greenfield	Monterey	Sandisfield	West Springfield
Cheshire	Hadley	Montgomery	Savoy	West Strockbridge
Chester	Hampden	Mt. Washington	Sheffield	Whately
Chesterfield	Hancock	New Ashford	Shelburne	Wilbraham
Chicopee	Hatfield	New Marlborough	Shutesbury	Williamsburg
Clarksburg	Hawley	New Salem	South Hadley	Williamstown
Colrain	Heath	North Adams	Southampton	Windsor
Conway	Hinsdale	Northfield	Southwick	Worthington
Cummington	Holyoke	Northampton	Springfield	
Dalton	Housatonic	Orange	Stockbridge	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
A Positive Place 2 Conz Street Northampton, MA 01060 413-586-8288 cooleydickinson.org/programs-services/hivaids	– HIV care, education, prevention, and risk reduction – Case management – Referrals – Focused on LGBTQ healthcare equality	
AdCare 117 Park Avenue West Springfield, MA 01089 413-209-3124 adcare.com	– Outpatient care and treatment – Recovery groups – Family support – Individual, group, and family counseling – Parenting group – Women's group – Spanish speaking intensive outpatient program	– Spanish
AdLib 215 North Street Pittsfield, MA 01201 413-442-7047 adlibcil.org	– Independent living and specialized services for people with disabilities – Referrals – Advocacy – Peer counseling – Skills training – Transition services – Deaf and hard of hearing services	– American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Anchor House 518 Pleasant Street Northampton, MA 01060 413-588-4337 anchorhouseartists.org	- Shared affordable art space - LGBTQI+ friendly - Community events	
Ascentria Service for New Americans 94 North Elm Street, Suite 401 Westfield, MA 01085 413-787-0725 ascentria.org/our-services/services-new-americans	- Refugee resettlement - Immigration legal services - Foster care for refugee children - Self-employment/business training for refugees	- Interpreter services available
Behavioral Health Network 417 Liberty Street Springfield, MA 01104 413-747-0705 Other locations in Westfield, Ware, Greenfield, and Holyoke bhninc.org	- Therapy and counseling - Addiction services - Crisis services - Forensic evaluation and treatment - Partial hospitalization program - Domestic violence support and advocacy	- Spanish - Italian - Russian

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Berkshire Immigrant Center 67 East Street Pittsfield, MA 01201 413-445-4881 berkshireic.com	- Support for immigrants to help with cultural adjustment - Citizenship classes - Walk-in legal clinic - Referrals to community services - Advocacy - Food and shelter assistance - Interpretation and translation services - English classes	- Spanish - Kyrgyz - Russian
Brick House Community Resource Center 24 Third Street Turners Falls, MA 01376 413-863-9576 brickhousecommunity.org	- Youth services (teen drop-in center, peer support, arts, social justice work) - Parent and family services - Community Center - Summer meals program for youth	- Spanish
Brien Center 333 East Street Pittsfield, MA 01201 413-499-0412 briencenter.org	- Behavioral health treatment for children, adolescents, adults, and families - Crisis and respite services - Community-based mental health services	- Spanish - American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Casa Latina 140 Pine Street, Suite 5 Florence, MA 01062 413-586-1569 casalatinainc.org	– Medical interpretation – Community education – Navigation of health insurance options – Referrals and information about healthcare, legal, and social services	– Spanish
Catholic Charities, Diocese of Springfield 65 Elliot Street Springfield, MA 01105 413-452-0605 diospringfield.org/Ministries/cca	– Immigration services – Citizenship classes – Social justice workshops – Rental and housing assistance – Referrals to food pantries, health insurance, and employment resources – Case management – Refugee resettlement	– Spanish
Center for Human Development 332 Birnie Avenue Springfield, MA 01107 413-733-6624 chd.org	– Counseling – Behavioral health programs – Disability support services – Elder care – Community-based programs – Child, adolescent, and family support services – LGBTQ focused services	– Spanish – Vietnamese – Russian
Center for New Americans 42 Gothic Street Northampton, MA 01060 413-587-0084 cnam.org	– Education and career advising – Referrals to healthcare and housing – Community-based education and resource center – Citizenship classes – English classes	– Spanish – Urdu – German – Russian – Haitian Creole – Mandarin Chinese

ORGANIZATIONS	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Center for Women and Community 180 Infirmay Way Amherst, MA 01003 413-545-0883 24/7 Hotline:413-545-0800 umass.edu/cwc	- Information and referrals - Education services - Counseling services - Women of Color Leadership Network - Sexual assault resources for people of all gender expressions and LGBTQ+ identified survivors - Rape crisis services including 24 hour hotline	- Spanish
Clinical & Support Options 8 Atwood Drive, Suite 301 Northampton, MA 01060 413-773-1314 Other locations include: Greenfield, Pittsfield, Springfield, Athol, Amherst, Florence, Orange, and Gardner csoinc.org	- Behavioral health counseling, therapy, and treatment programs - Outpatient programs - Crisis and respite services - Community and family support services	- Spanish
Community Action 393 Main Street Greenfield, MA 01301 413-774-2318 56 Vernon Street Northampton, MA 01060 413-582-4230 167 South Main Street Orange, MA 01364 978-544-5423 communityaction.us	- Childcare and HeadStart - Family support - Adult education and job skills training - Center for Community Resilience After Trauma - Multicultural Alzheimer's program - Financial literacy program - Spanish speaking home visitors	- Spanish - Nepali - Russian

ORGANIZATIONS	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
DIAL/SELF Youth and Community Services 196 Federal Street Greenfield, MA 01301 413-774-7054 dialself.org	– Youth services – Services for homeless youth – LGBT young adult housing	
Elizabeth Freeman Center 43 Francis Avenue Pittsfield, MA 01201 413-499-2425 24/7 Hotline: 866-401-2425 elizabethfreemancenter.org	– Domestic violence and sexual assault services – Emergency services and shelter – Counseling – Safety planning – Advocacy – Special services for refugees, immigrants, and LGBTQ community	– Spanish
Fair Housing Center 57 Suffolk Street Holyoke, MA 01040 413-539-9796 massfairhousing.org	– Advocacy to address housing discrimination and unfair lending – Services specifically for those who have been discriminated against	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Franklin County Life Path 101 Munson Street, Suite 201 Greenfield, MA 01301 413-773-5555 lifepathma.org	– Rainbow Elders Programs for LGBTQIA elders and allies – Services for the elderly, individuals with disabilities, and caregivers – Caregiver resource center – Home care services – Food programs – Resources for raising grandchildren – Support groups – Respite services – Healthy living programs – Personal care attendant program	
Gandara Center 147 Norman Street West Springfield, MA 01089 413-736-8329 gandaracenter.org	– Focused on well-being of diverse populations specifically Western MA's Hispanic population – Counseling services – Child and family support programs and services – Addiction recovery services – Youth Development Center – Residential programs – Developmental disability services	– Spanish
Guidewire Inc. 551 East Columbus Avenue Springfield, MA 01105 413-733-6100 34 Depot Street Pittsfield, MA 01201 413-443-3295 guidewireinc.org	– Adult residential support – Young adult transitional support – Adult community day program – Shared living, residential home placement – Clinical and nursing support – Disability support services – Deaf and hard of hearing services	– American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Impact Center 41 Taylor Street Springfield, MA 413-654-1566 gandaracenter.org/impact-youth-access-center/	Offers services for youth 16-21 who are experiencing, or at risk for mental health and/or substance abuse concerns. Services include: - Housing resources - Independent life skills training - Health and wellness programs - Support group sessions	- Spanish
Jewish Family Service of Western Massachusetts 15 Lenox Street Springfield, MA 01108 413-737-2601 jfswm.org	- Behavioral health services - Counseling services - Geriatric care - Refugee resettlement program - English for Speakers of Other Languages (ESOL) - Citizenship services - Domestic violence aid	- Arabic - Vietnamese - Nepali - Burmese - Karenni - Swahili - Somali - French - Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Martin Luther King Jr. Family Services 3 Rutland Street Springfield, MA 01109 413-746-3655 mlkjrfamilyservices.org/home.html	- Serves multi-cultural youth and families - Childcare - Shelter, housing and family support - Education scholarships - Tours of historically Black colleges and universities	
Massachusetts Society for the Prevention of Cruelty to Children 9 Sullivan Road Holyoke, MA 01040 413-532-9446 mspcc.org	- Pregnancy and parenting support - Child and family counseling - Foster care and adoption - Advocacy	- Spanish
Mental Health Association 995 Worthington Street Springfield, MA 01109 413-734-5376 mhainc.org	- Disability support services - Homeless services - Caring Together residences for youth served by Department of Mental Health (DMH) and Department of Children and Families (DCF) - Residential programs for adults with mental illness - Outreach services	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Montague Catholic Social Ministries 41 Third Street Turners Falls, MA 01376 413-863-4804 mcsmmcommunity.org	- Bilingual play and learning groups - Family support - Parent support programs and groups - Emergency basic needs program - Women's resource center	- Spanish
New England Learning Center for Women in Transition 479 Main Street Greenfield, MA 01301 413-772-0871 24/7 Hotline: 413-772-0806 nelcwit.org	- Rape crisis and domestic violence center - Counseling - Advocacy - Crisis intervention and services - Economic support - Supervised visitation program - Anti-racism work	- Spanish
Northeast Center for Youth and Families 203 East Street Easthampton, MA 01027 800-360-6210 ncyf.org	- Therapeutic day programs for children - Outpatient behavioral health - Therapy for children, adolescents, and families - Child psychiatry - Sexual abuse and trauma treatment for survivors and their families - Group therapy - Medication management - Care coordination - Family support services - Foster care services - Residential care	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Northeast Family Services 59 Interstate Drive West Springfield, MA 01089 774-206-1125 northeastfamilyservices.com	– In home therapy – Intensive Care Coordination – Outpatient therapy – Therapeutic Mentoring	– Spanish
Nuestras Raices, Inc. 329 Main Street Holyoke, MA 01040 413-535-1789 nuestras-raices.org	– Community gardens – La Finca—beginning farmers program – Youth programs – Life skills training	– Spanish
Picknelly Adult and Family Education Center 206 Maple Street Holyoke, MA 01040 413-552-2990 hcc.edu/courses-and-programs/adult-basic-education/picknelly-adult-and-family-educatin-center	– English for Speakers of Other Languages (ESOL) – Computer classes – Mentoring – Referrals – Advocacy	– Spanish
Roca Inc. 29 School Street Springfield, MA 01105 413-846-4301 rocainc.org	– Justice-oriented work for at-risk youth – Young Men's program – Young Mothers' program – Programs aimed to break the cycle of poverty, violence, and incarceration	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Safe Passage 43 Center Street, Suite 304 Northampton, MA 01060 413-586-1125 24/7 Hotline: 888-345-5282 safepass.org	– Resources for victims of domestic violence – Counseling – Advocacy – Legal assistance – Emergency shelter – Project Access: Services specifically for immigrants – Support for transgender, gender non-conforming, no gender individuals and people of all sexual identities – Disability services program for domestic violence survivors with physical disabilities and mental health issues	– Spanish – Khmer (Cambodian) – Vietnamese
ServiceNet 131 King Street Northampton, MA 01060 413-585-1300 servicenet.org	– Addiction services – Counseling – Psychiatry – Mental health recovery services – Prevention and Recovery in Early Psychosis – Disability support services – Transition age youth services – Employment programs – Support groups for LGBTQ young adults	
Springfield Vietnamese Cultural Center 433 Belmont Avenue Springfield, MA 01108 413-733-9373	– Bilingual/bicultural services – Advocacy – Outreach – Community support – Education – Elderly health programs – Youth programs	– Khmer (Cambodian) – Vietnamese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Stavros 210 Old Farm Road Amherst, MA 01002 413-256-0473 stavros.org	- Disability services for everyday living assistance - Deaf and hard of hearing services - Healthcare - School advocacy	- American Sign Language (ASL)
Tapestry Health 296 Nonotuck street #12 Florence, MA 01062 413-586-2016 Other locations include Greenfield, Holyoke, North Adams, Northampton, Pittsfield, Springfield, and West Springfield tapestryhealth.org	- Reproductive health services and sexually transmitted infections testing - Overdose prevention and education - Access to food and nutrition programs - Community education - Syringe disposal and Narcan - LGBTQ focused health services	- Spanish
Valley Opportunity Council 35 Mt. Carmel Avenue Chicopee, MA 01013 413-552-1554 300 High Street Holyoke, MA 01040 413-552-1554 valleyopp.com	- Energy/heating assistance - Nutrition programs - Summer lunch program for children - Childcare - Adult education classes - Career support - English for Speakers of Other Languages (ESOL) - Citizenship classes - Senior companion program - Youth programs (college and career assistance, after school and summer programs, employment programs)	- Spanish (both sites) - Arabic (Holyoke site) - Haitian Creole (Holyoke site) - French (Holyoke site) - Russian (Chicopee site)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Viability, Inc. 5 Franklin Street Northampton, MA 01060 413-584-1460 viability.org	– Job readiness and employment services – Disability support services – Mental health services – Advocacy and academic support for high school and college students with disabilities – Deaf and hard of hearing services – Independent living services	– American Sign Language (ASL)
Walden Community Services, Learning Center for the Deaf 110 Maple Street Springfield, MA 01105 Phone and TTY: 508-879-5110 Video Phone: 774-999-0941 tlcdeaf.org	– Services for Deaf children, adolescents, and their families – Family support and stabilization program – Intensive Care Coordination – Therapeutic Mentoring	– American Sign Language (ASL)
Western Mass Recovery Learning Community 187 High Street, Suite 303 Holyoke, MA 01040 413-539-5941 235 Chestnut Street Springfield, MA 01301 413-372-5652 74 Federal Street Greenfield, MA 01301 413-772-0715 Afiya (Peer-run respite house) Northampton, MA westernmassrlc.org	– Peer support – Resource centers – Wellness and fitness programs – Support groups – Career exploration and support – Housing support – Peer-run respite house – Social activities and networking opportunities	– Spanish – American Sign Language (ASL) – Website in multiple languages



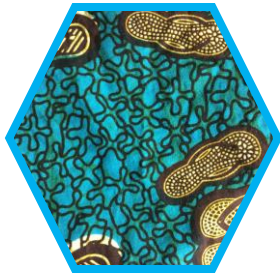
*Fabric dyed
with indigo
from China*



*Silk sari with
embroidery
from India*



*Purse made from
a woman's shirt
from Guatemala*



*Tote bag from
Uganda*



*Carved
wooden box
from Russia*



*Linen tea towel
from Ireland*



*Fabric with
bird design*



*Quilt from
United States
of America*



*Silk obi belt from
Japan*



*Embroidery
and applique
needlework by
a Hmong
artisan*



*25 Staniford St
Boston, MA 02114*



*Tote bag from
Kenya*



*Cotton woven fabric
from Guatemala*