

# HEALTH OF BOSTON 2016-2017

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# Health of Boston 2016-2017

- Assess the health of Boston residents using population health surveillance data
  - ▣ Estimate the scope and magnitude of health events and determinants
  - ▣ Estimate the geographic, demographic, and temporal distribution of health events and determinants
  - ▣ Focus on health inequities, social determinants of health (SDoH) and outcomes/status over the life course
  - ▣ More “what” than “why”
- Share information with those who can use it

The percentage of uninsured in 2015 was



**3.8%**  
for Boston



**9.4%**  
for the U.S.  
overall



## Health-Related Behaviors Comparison Within Race/Ethnicity and Within Gender

	Asian	Black	Latino	White	Female	Male
Public HS Students Who Consumed Fruit < Once per Day, 2015	↔	↔	↑	ref	↑	ref
Adults Who Consumed Fruit < Once per Day, 2015	↔	↑	↑	ref	↔	ref
Public HS Students Who Consumed Veggies < Once per Day, 2015	↔	↑	↑	ref	↔	ref
Adults Who Consumed Veggies < Once Per Day, 2015	↑	↑	↑	ref	↓	ref
Public HS Students Who Engaged in Regular PA, 2015	↓	↔	↔	ref	↓	ref
Adults Who Met CDC Guidelines for PA, 2015	↔	↔	↓	ref	↔	ref
Daily Consumption of 1 or 1+ SSB Among Public HS Students, 2015	↓	↔	↔	ref	↓	ref
Daily Consumption of 1 or 1+ SSB Among Adults, 2015	↔	↑	↑	ref	↓	ref
Public HS Students Who Smoked Cigarettes, 2011, 2013, and 2015 Combined	↓	↓	↓	ref	↓	ref

‡ Data not presented due to insufficient sample size

↑statistically significantly higher than reference group

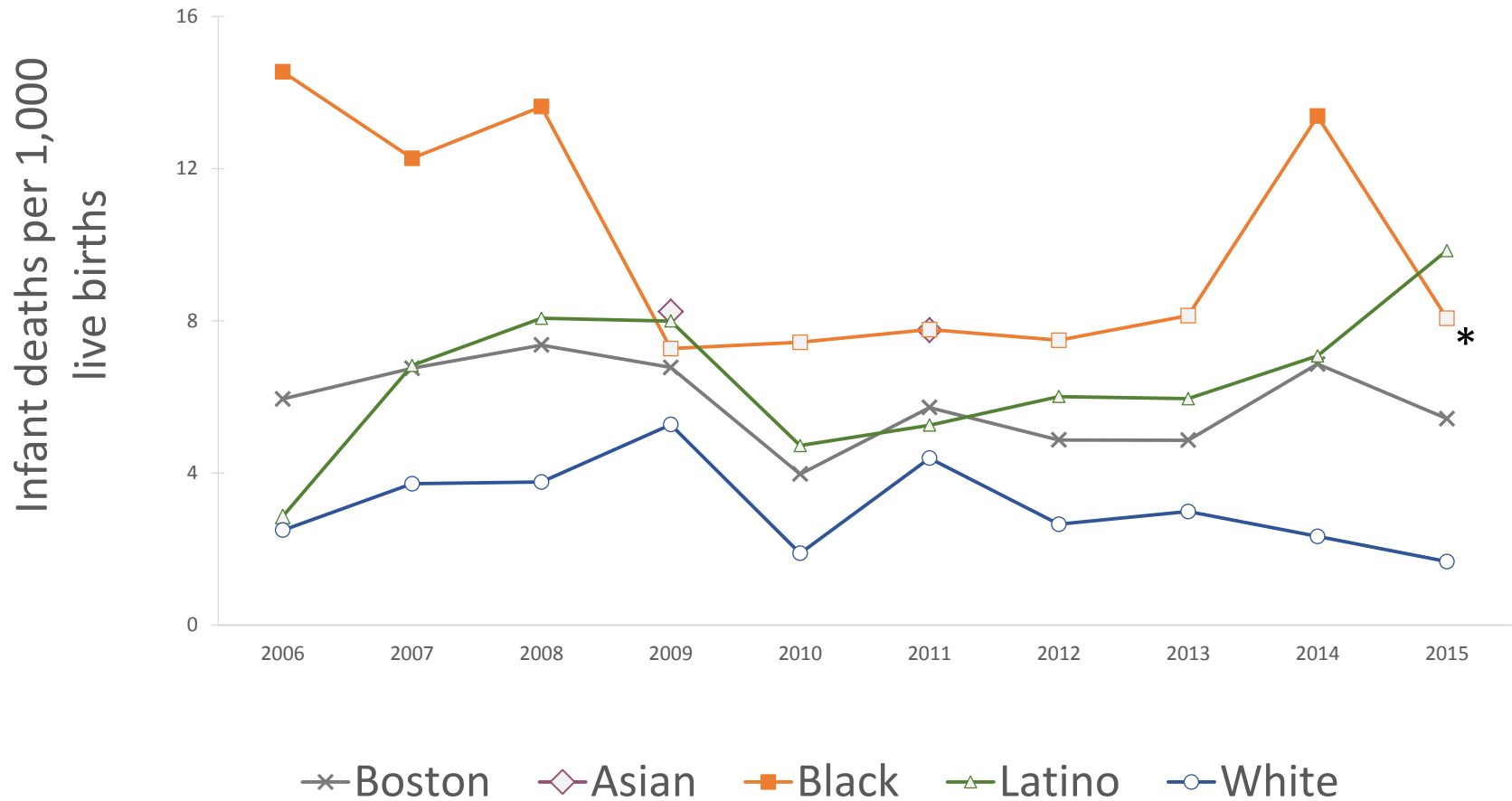
↓statistically significantly lower than reference group

↔not statistically significant different than reference group



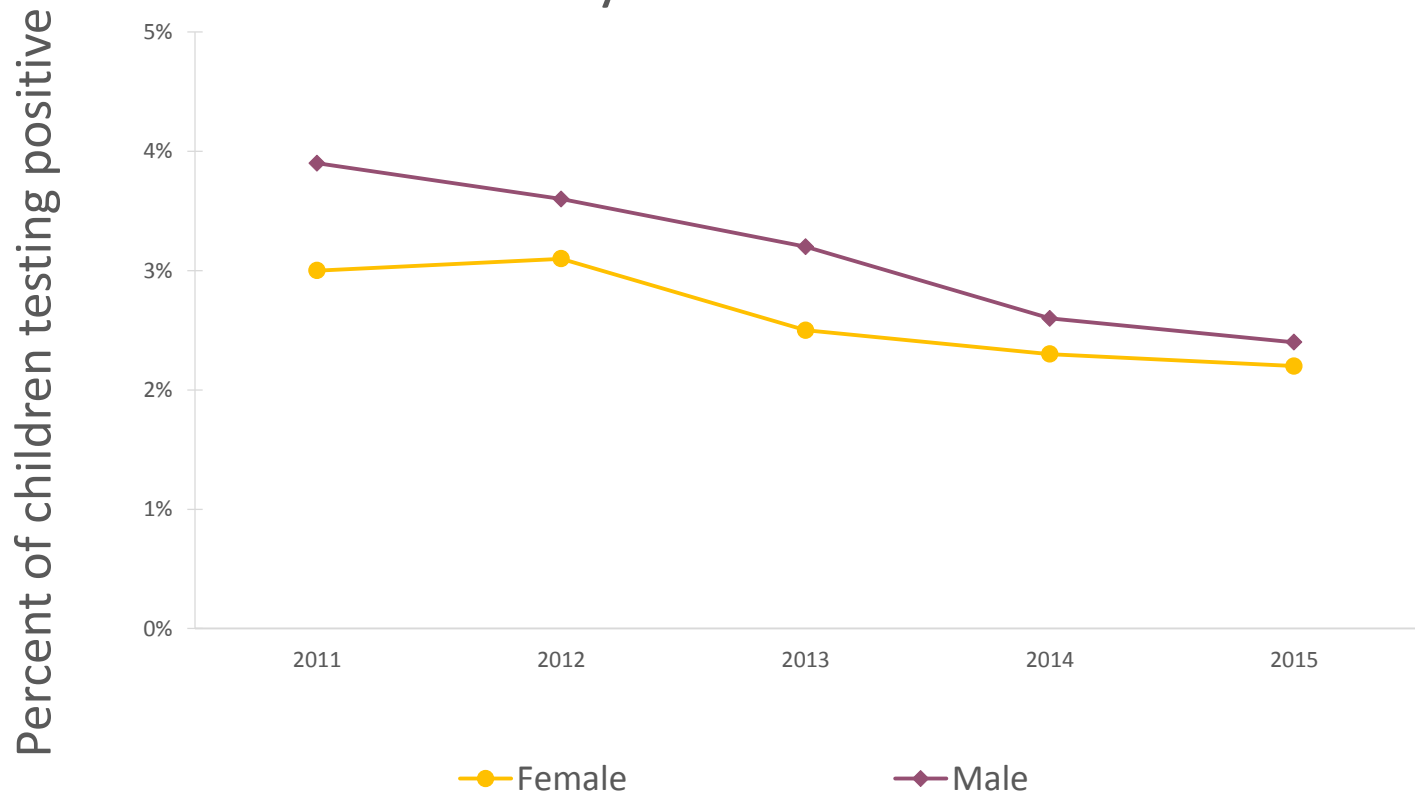
# Public Health Progress

# Figure 6.13 Infant Mortality by Race/Ethnicity and Year



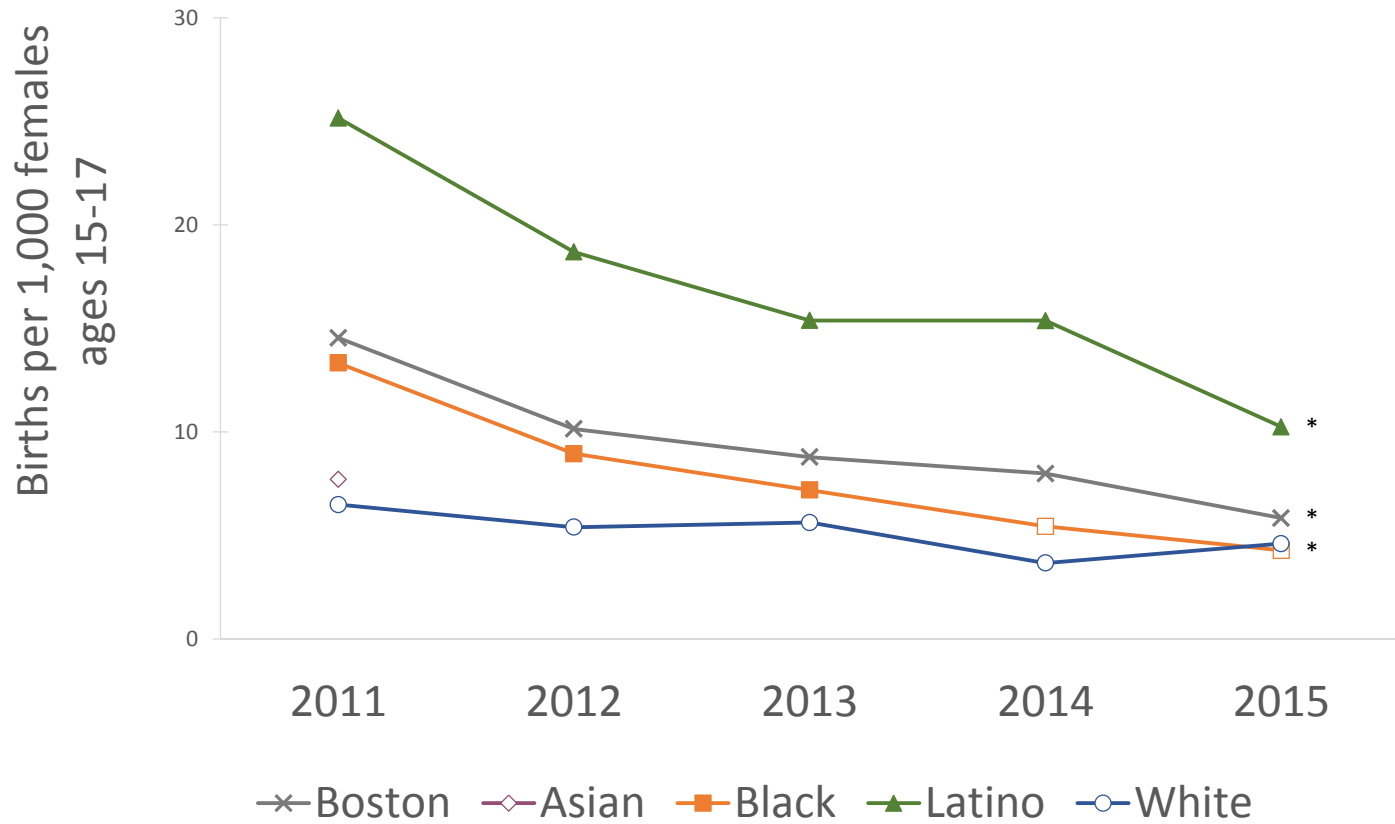
\* Statistically significant change over time

# Figure 6.17 Elevated Blood Lead Levels<sup>1</sup> by Year



<sup>1</sup> Based on the 2012 CDC recommendation of  $\geq 5$  ug/dl. For more information see Blood-Lead Level in the Technical Notes.

Figure 6.4 Births Among Females Ages 15-17  
by Race/Ethnicity and Year

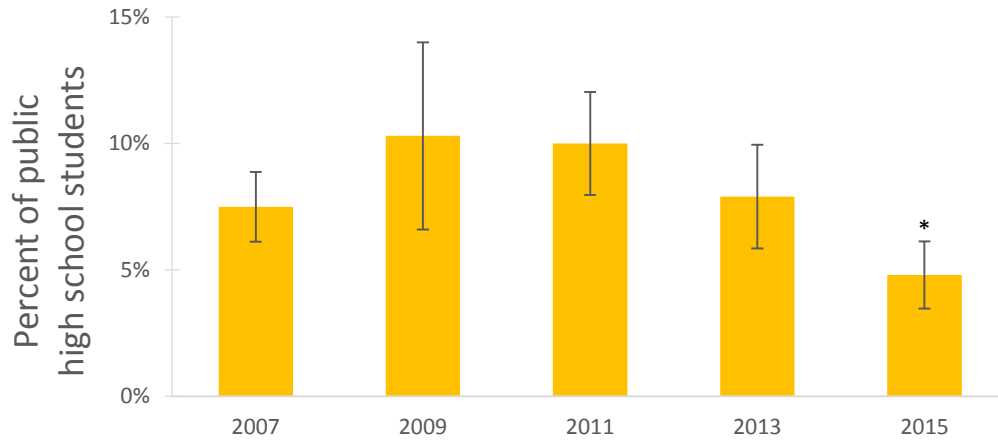


\* Statistically significant change over time

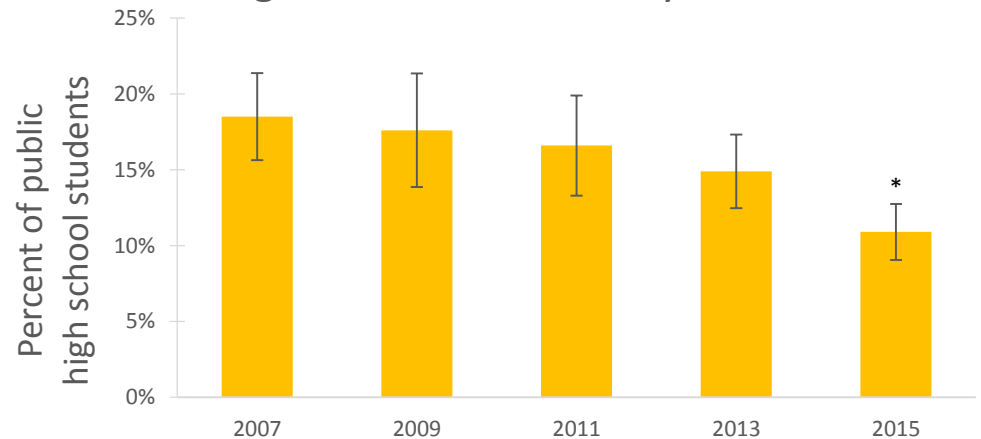
DATA SOURCE: Boston resident live births, Massachusetts Department of Public Health (data as of August 2016). Data may be updated as more information becomes available.



### Figure 7.28 Public High School Students Who Smoked Cigarettes by Year



### Figure 7.35 Binge Drinking Among Public High School Students by Year

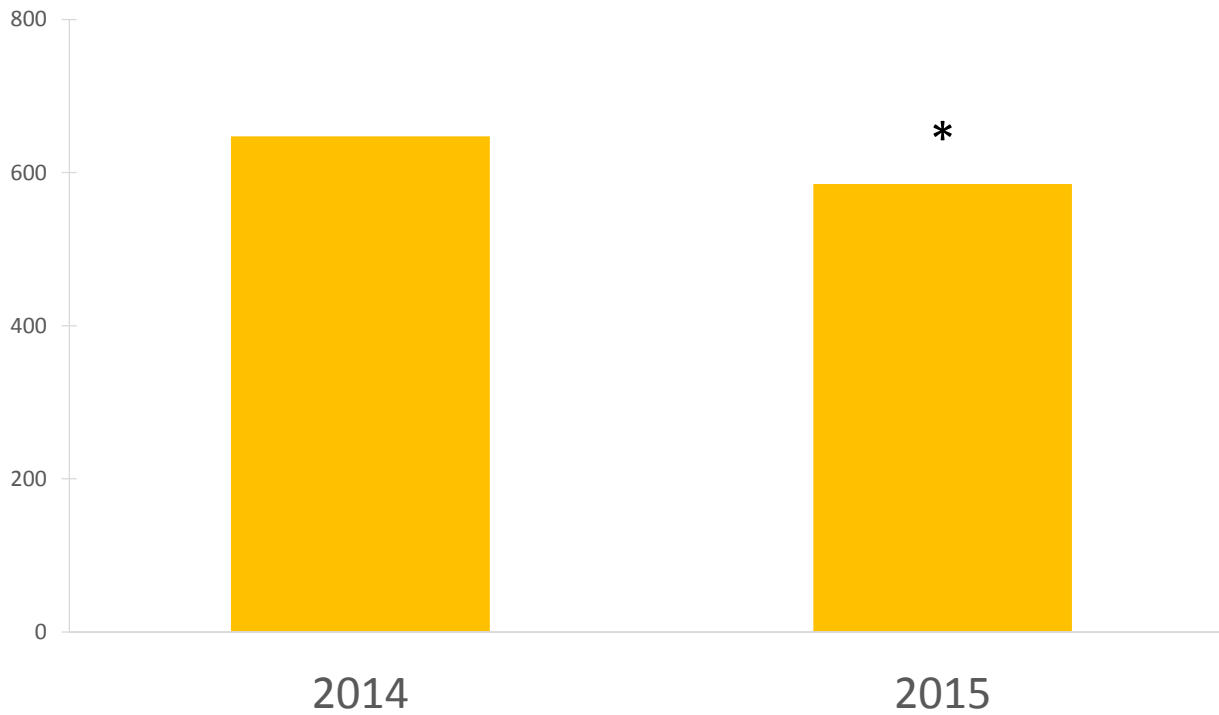


\* Statistically significant change over time

DATA SOURCE: Youth Risk Behavior Survey (2007, 2009, 2011, 2013, 2015), Centers for Disease Control and Prevention and Boston Public Schools

Figure 11.3 Chlamydia by Year

New cases per 100,000 residents  
ages 13 and older



\* Statistically significant change over time

DATA SOURCE: Infectious Disease Bureau, Boston Public Health Commission

Figure 8.16 Asthma Hospitalizations†  
by Race/Ethnicity and Year

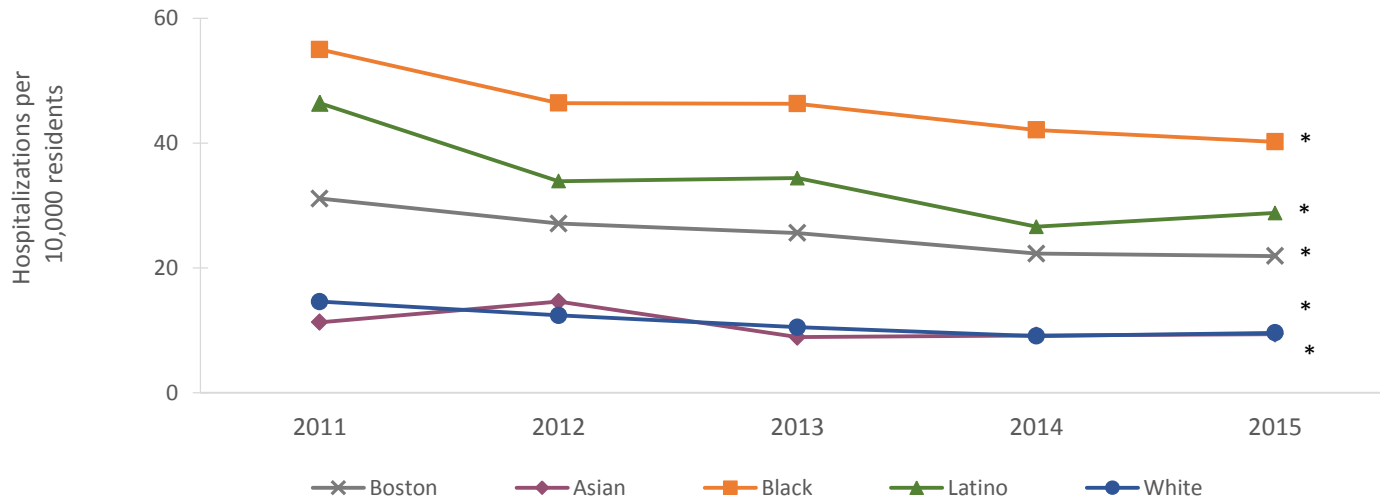
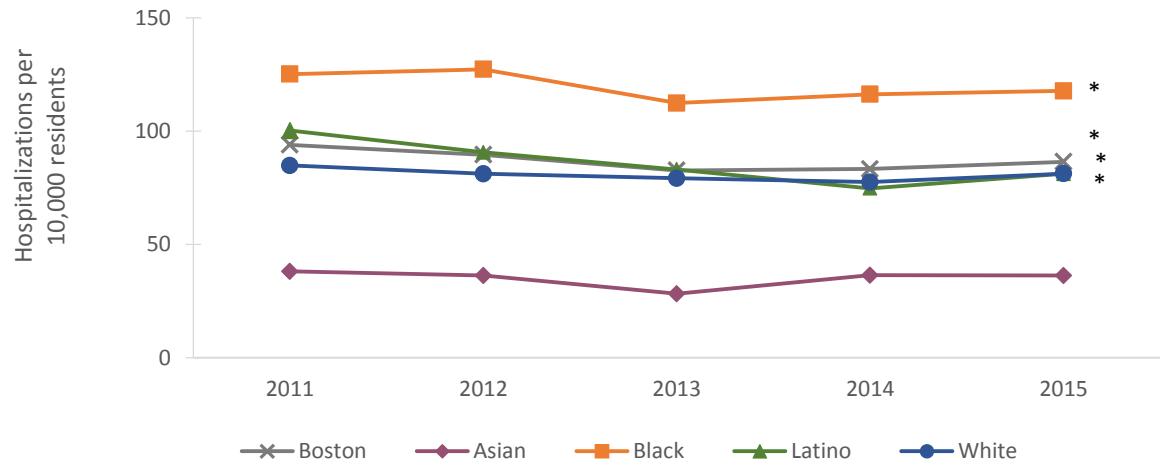


Figure 8.35 Heart Disease Hospitalizations†  
by Race/Ethnicity and Year

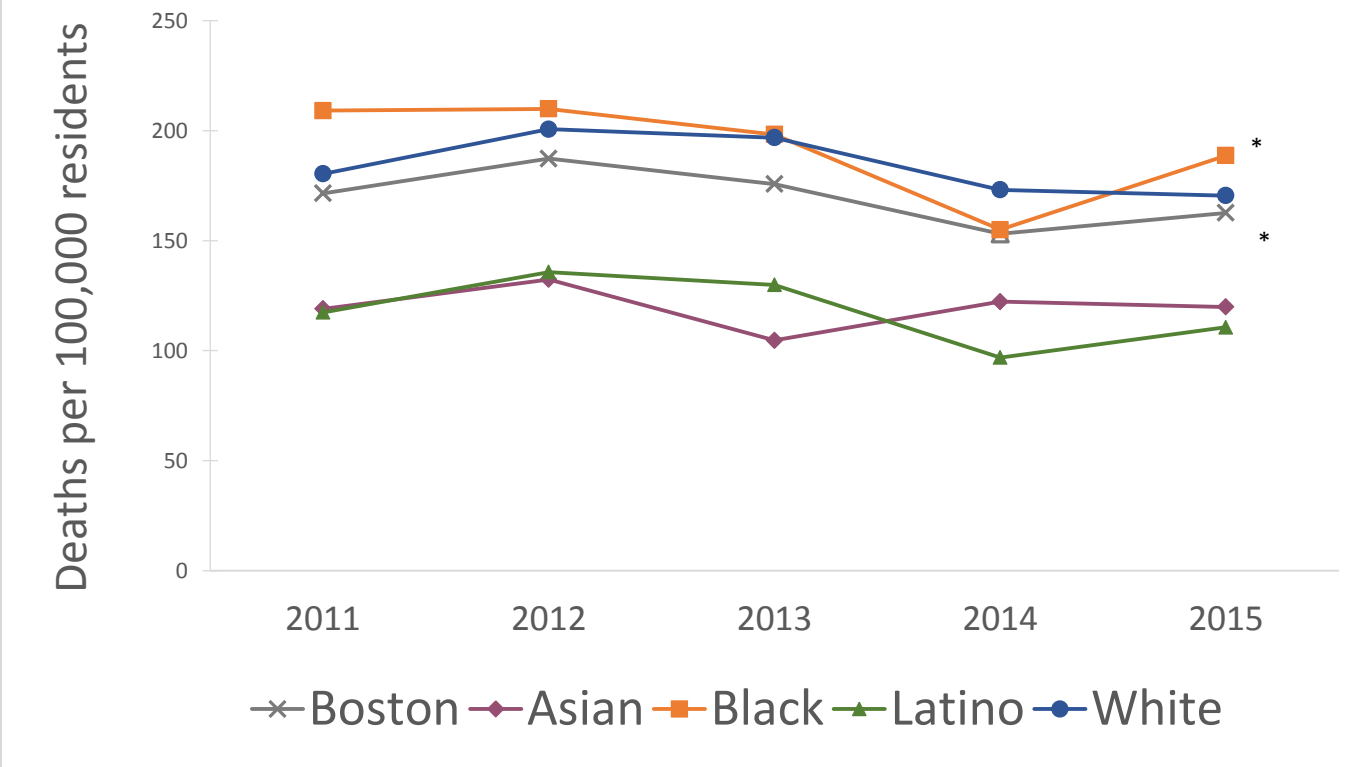


\* Statistically significant change over time

† Age-adjusted rates per 10,000 residents

DATA SOURCE: Acute hospital case-mix databases, Massachusetts Center for Health Information and Analysis

Figure 9.4 Cancer Mortality† by Race/Ethnicity and Year



\* Statistically significant change over time

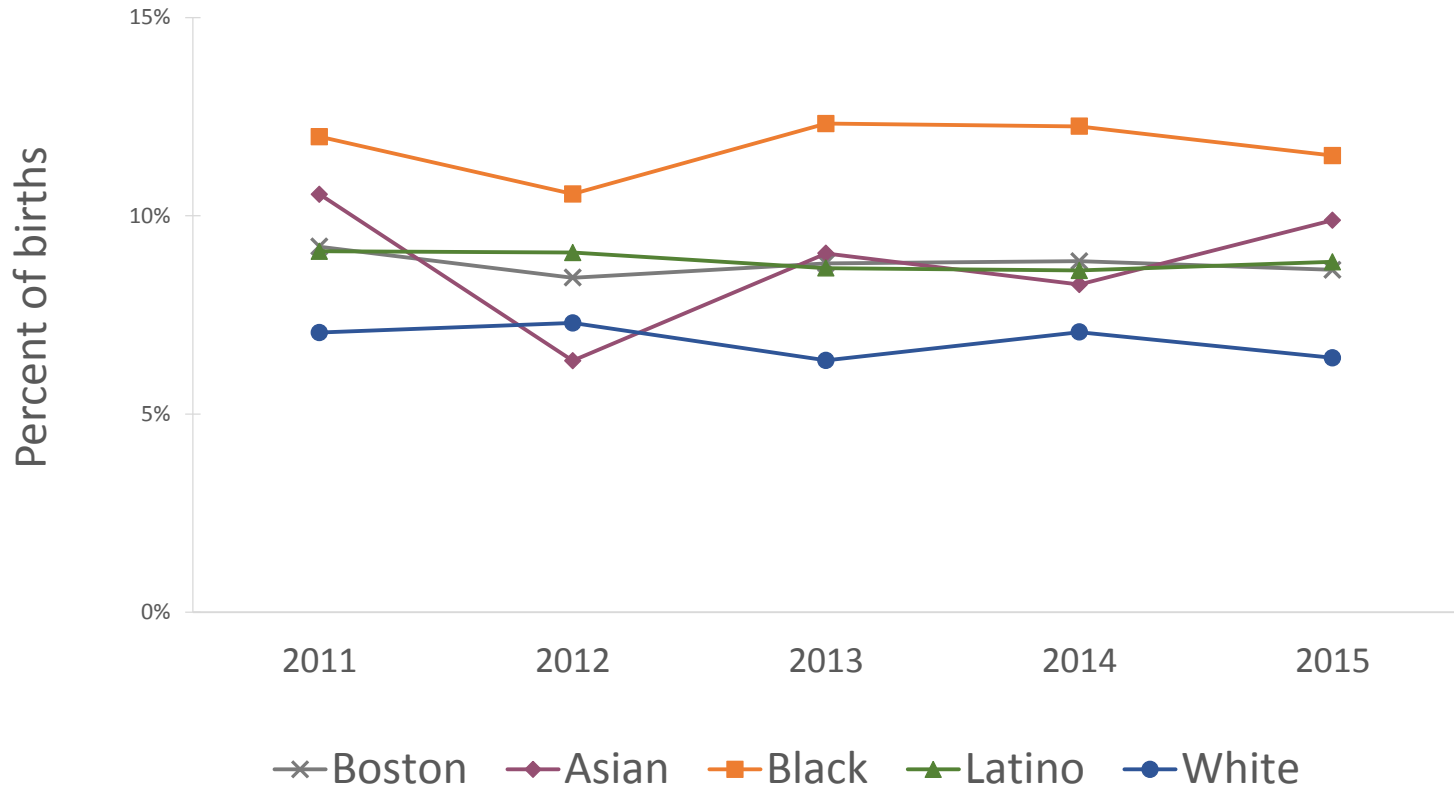
† Age-adjusted rates per 100,000 residents

DATA SOURCE: Boston resident deaths, Massachusetts Department of Public Health (data as of December 2016). Data may be updated as more information becomes available.



# New and continued challenges

## Figure 6.7 Low Birthweight Births by Race/Ethnicity and Year

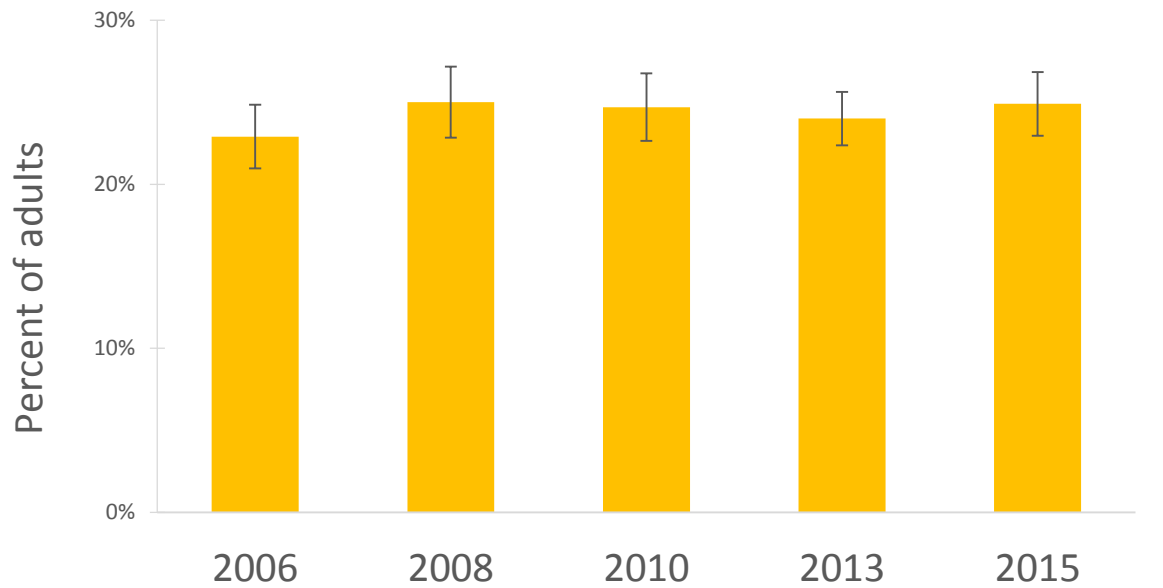


### Low Birthweight Births

**Healthy People 2020 Target: 7.8%    US 2015: 8.1%    MA 2015: 7.5%    Boston 2015: 8.6%**

DATA SOURCE: Boston resident live births, Massachusetts Department of Public Health (data as of August 2016). Data may be updated as more information becomes available.

Figure 8.43 Hypertension Among Adults by Year



Hypertension Among Adults  
Healthy People 2020: 26.9%

US median 2015: 30.9%

MA 2015: 29.6% (28.4-30.9)

Boston 2015: 24.9% (23.0-26.9)

Black Residents 36%

Latino Residents 27%

White Residents 20%

## Obesity Among Adults

Healthy People 2020 Target: 30.5%

US median 2015: 29.8%

MA 2015: 24.3% (23.0-25.5)

Boston 2015: 21.9% (19.9-24.0)

Black residents: 32%

Latino residents: 30%

White residents: 17%

Figure 8.50 Obesity Among Adults by Year

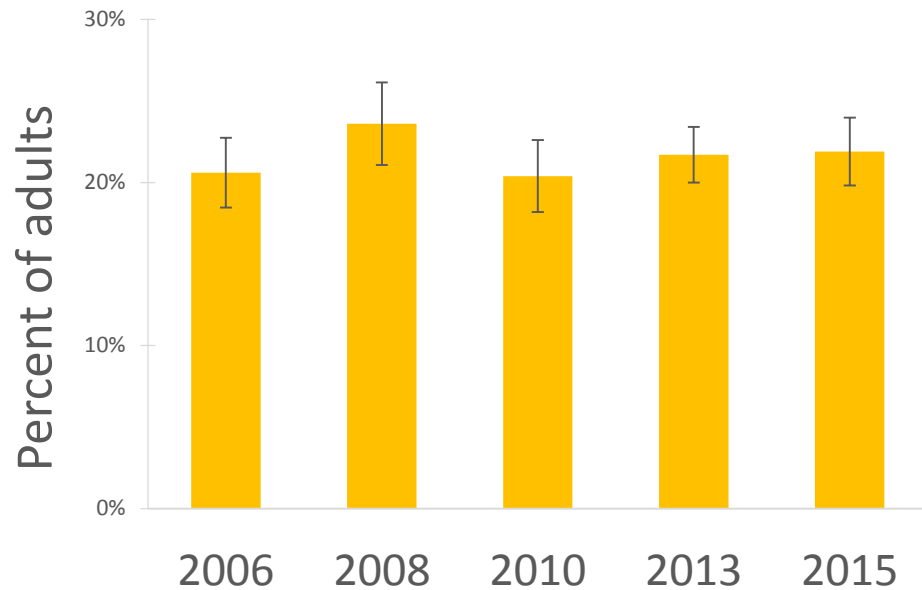
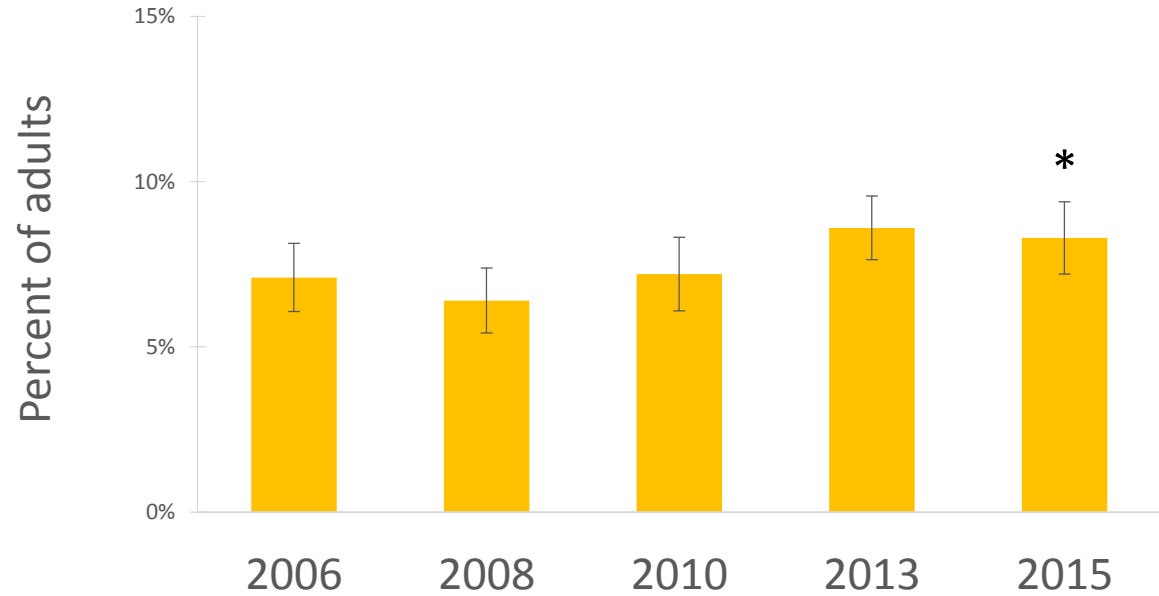




Figure 8.23 Diabetes Among Adults by Year



Diabetes Among Adults

U.S. 9.3%

Boston: 8%

Black residents 15%

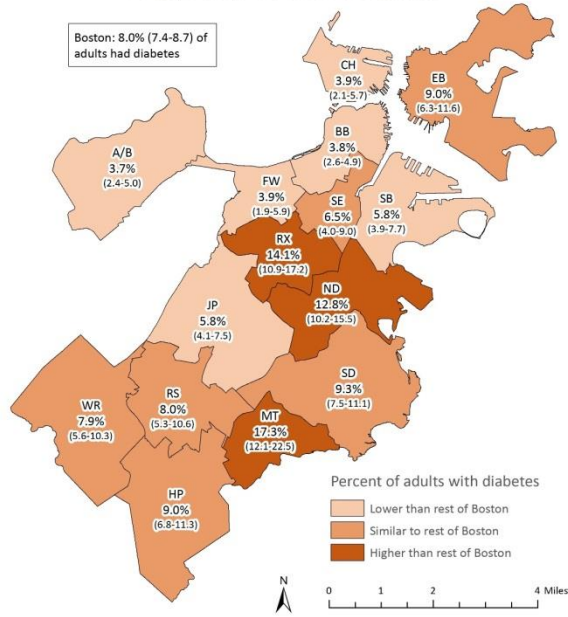
Latino residents 11%

White residents 5%

\* Statistically significant change over time

DATA SOURCE: Boston Behavioral Risk Factor Survey (2006, 2008, 2010, 2013, 2015), Boston Public Health Commission

Figure 8.26 Diabetes Among Adults by Neighborhood, 2010, 2013, and 2015 Combined

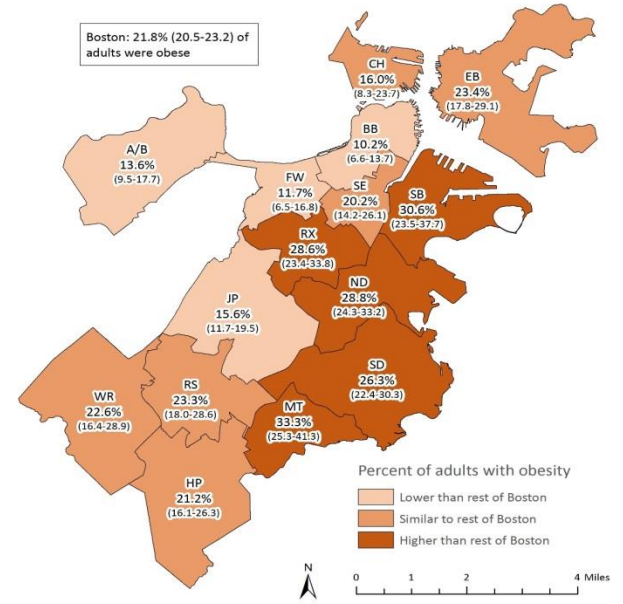


NOTE: "BB" includes the Back Bay, Beacon Hill, Downtown, the North End, and the West End.  
"SE" includes the South End and Chinatown.

DATA SOURCE: Boston Behavioral Risk Factor Survey (2010, 2013, 2015), Boston Public Health Commission

DATA SOURCE: Boston Behavioral Risk Factor Survey (2013, 2015), Boston Public Health Commission

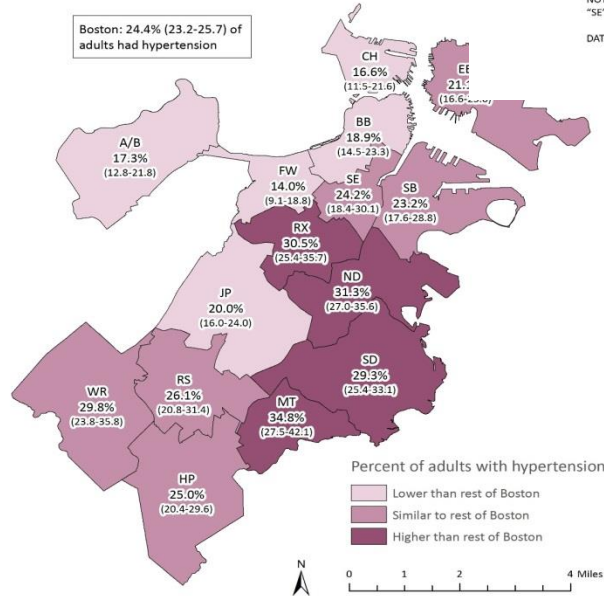
Figure 8.53 Obesity Among Adults by Neighborhood, 2013 and 2015 Combined



NOTE: "BB" includes the Back Bay, Beacon Hill, Downtown, the North End, and the West End.  
"SE" includes the South End and Chinatown.

DATA SOURCE: Boston Behavioral Risk Factor Survey (2013, 2015), Boston Public Health Commission

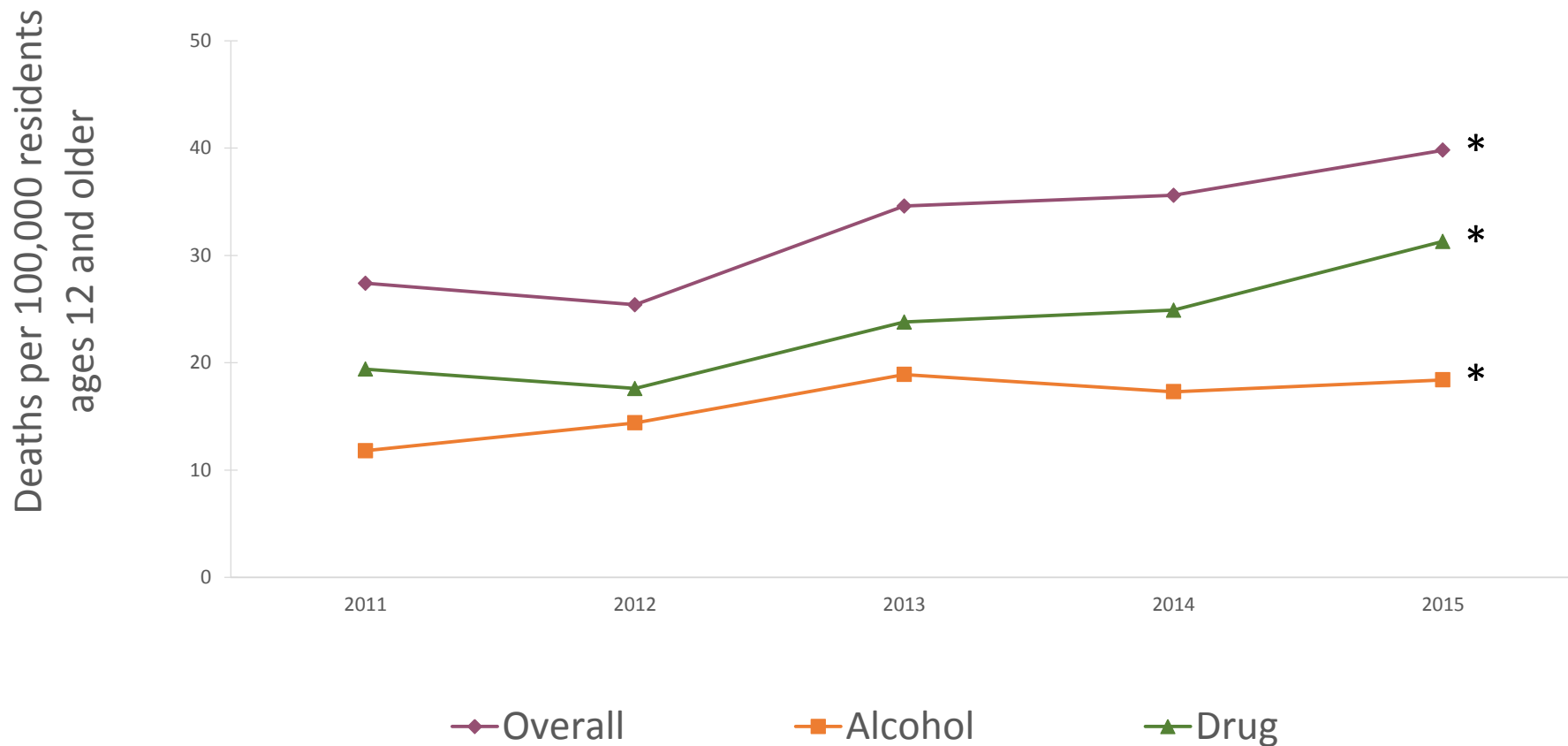
Figure 8.46 Hypertension Among Adults by Neighborhood, 2013 and 2015 Combined



NOTE: "BB" includes the Back Bay, Beacon Hill, Downtown, the North End, and the West End.  
"SE" includes the South End and Chinatown.

DATA SOURCE: Boston Behavioral Risk Factor Survey (2013, 2015), Boston Public Health Commission

Figure 14.14 Substance Abuse Mortality† by Type (Overall, Alcohol, Drug) and Year

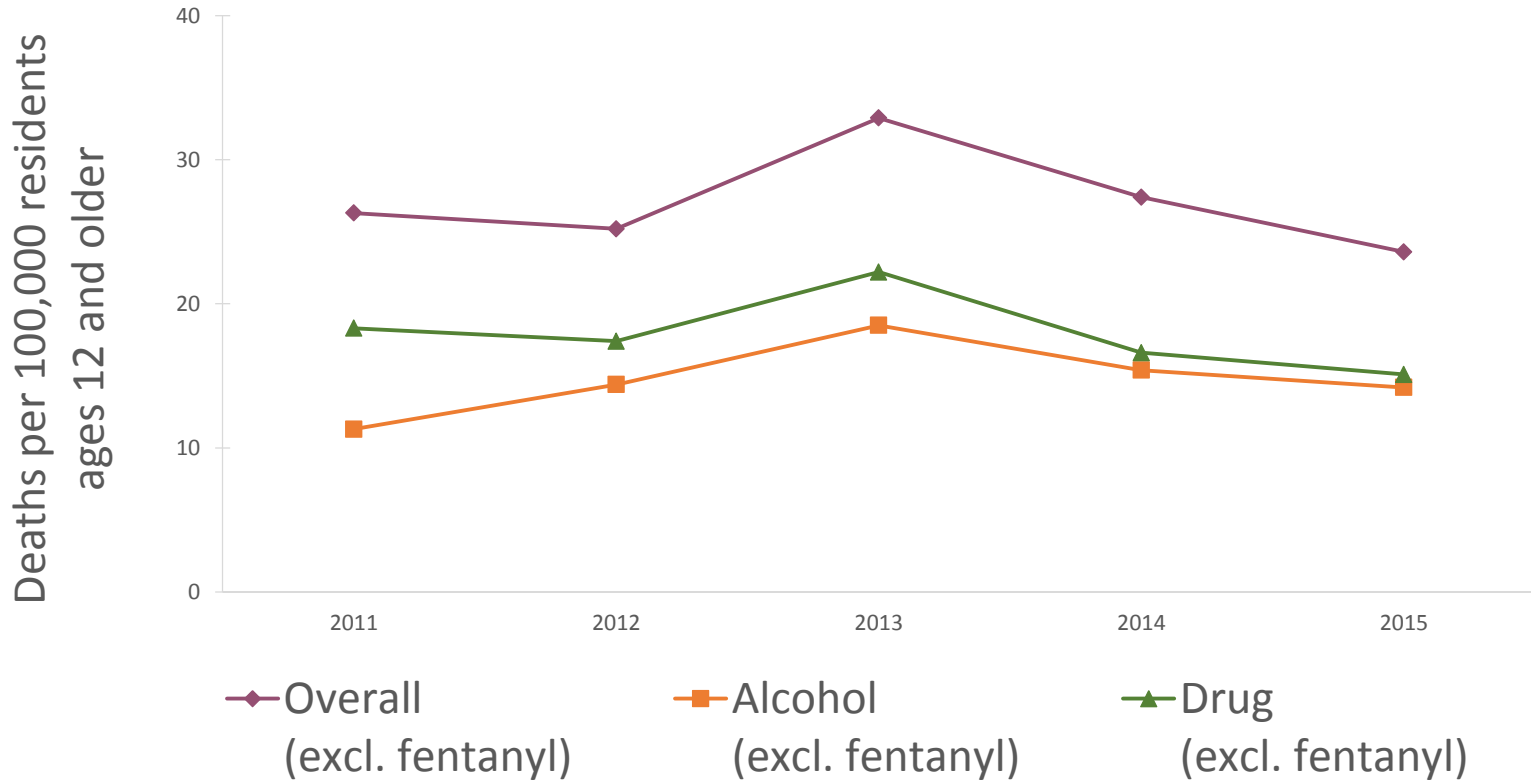


\* Statistically significant change over time

† Age-adjusted rates per 100,000 residents ages 12 and older

DATA SOURCE: Boston resident deaths, Massachusetts Department of Public Health (data as of December 2016). Data will be updated as more information becomes available.

Figure 14.15 Substance Abuse Mortality† Excluding Fentanyl<sup>1</sup> by Type (Overall, Alcohol, Drug) and Year

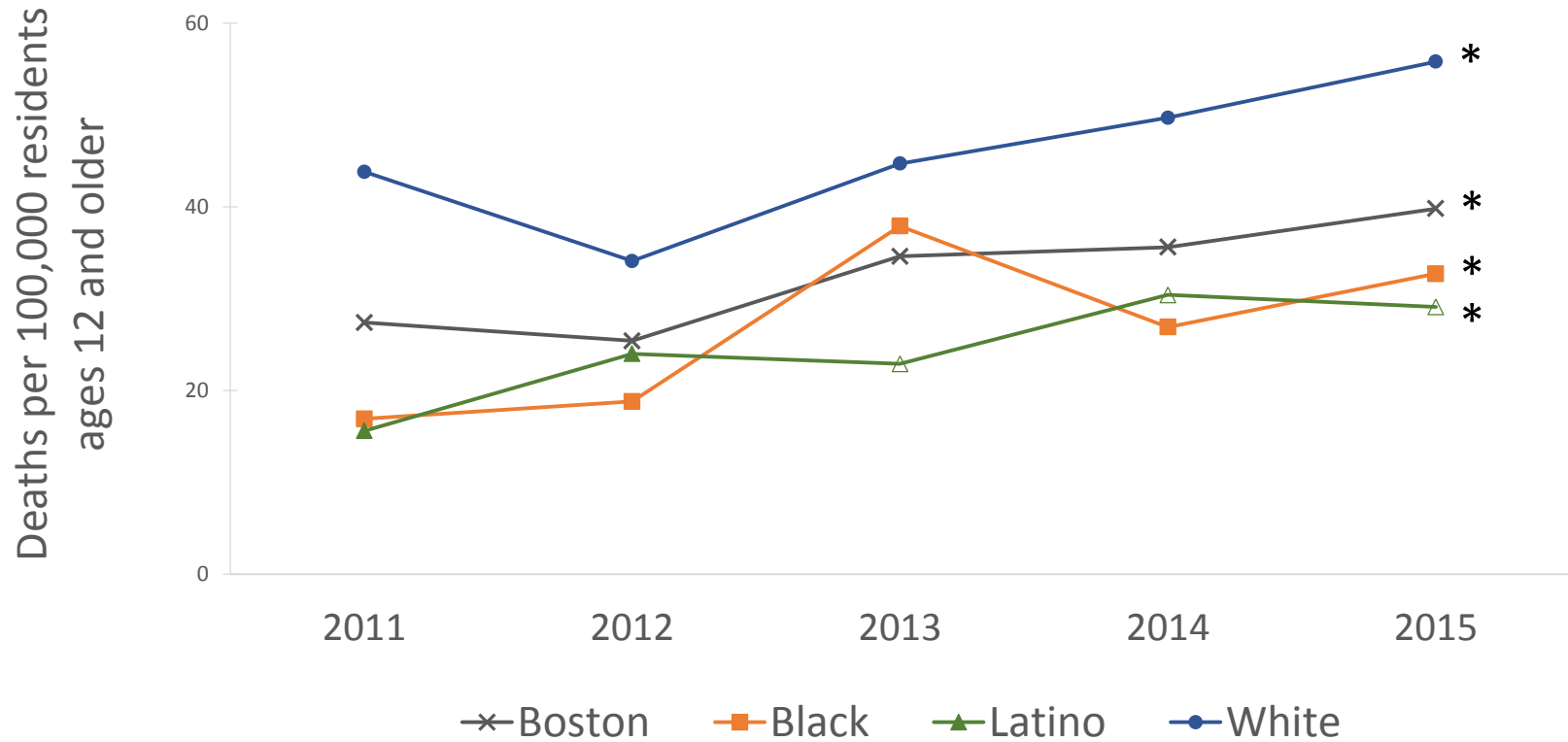


† Age-adjusted rates per 100,000 residents ages 12 and older.

<sup>1</sup> Fentanyl identified by ICD-10 code T40.4. See Fentanyl Identification in Death Data in the Technical Notes for complete methodological description.

DATA SOURCE: Boston resident deaths, Massachusetts Department of Public Health (data as of December 2016). Data will be updated as more information becomes available.

Figure 14.12 Substance Abuse Mortality† by Race/Ethnicity and Year

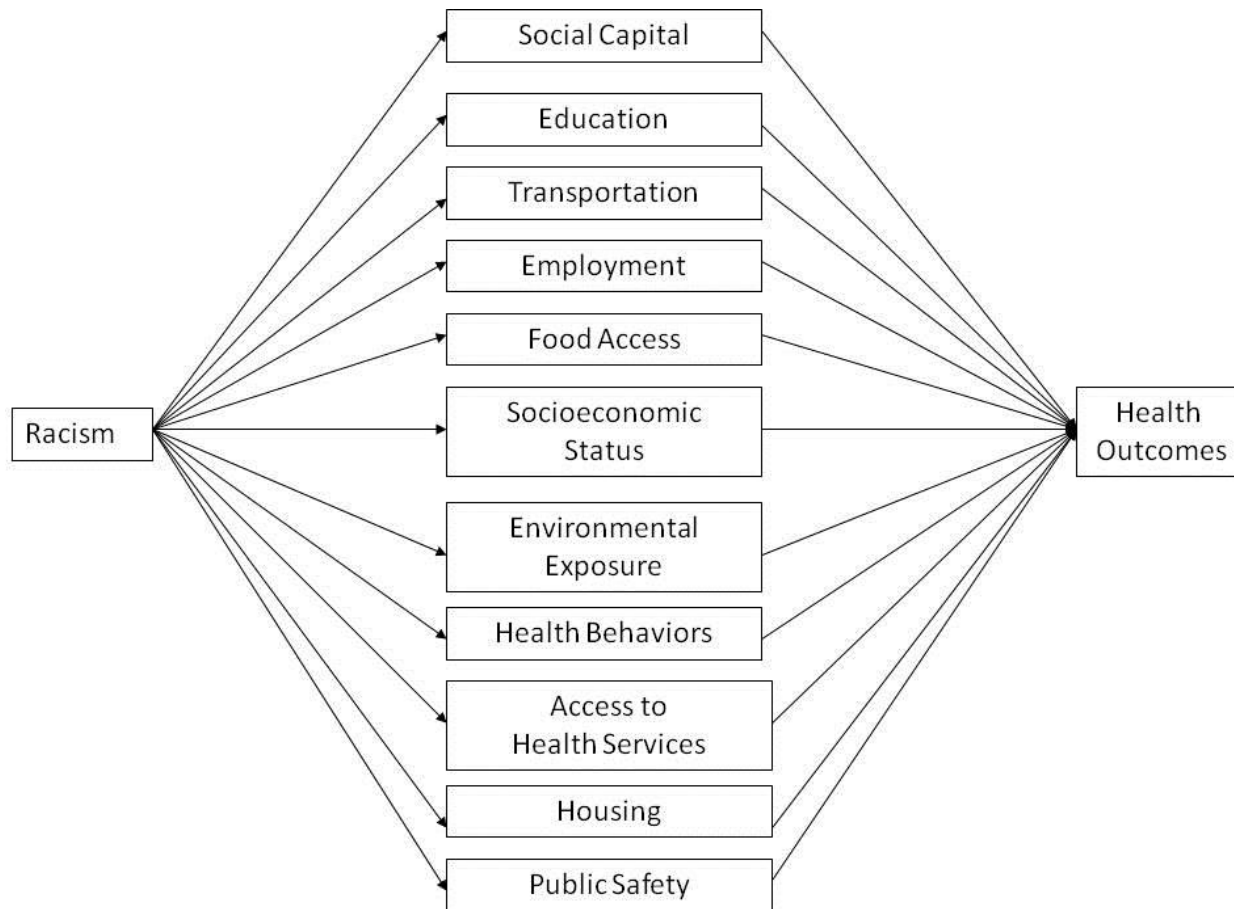


\* Statistically significant change over time

† Age-adjusted rates per 100,000 residents ages 12 and older

DATA SOURCE: Boston resident deaths, Massachusetts Department of Public Health (data as of December 2016). Data will be updated as more information becomes available.

# Social determinants of health



Source: Boston Public Health Commission

## Health Indicators<sup>1</sup> by Housing Status, 2013 and 2015 Combined

	Boston Housing Authority resident	Renter, with assistance	Renter, no assistance	Home owner
Asthma	18.7%* (14.1-24.3)	18.9%* (14.7-24.0)	9.6% (8.1-11.4)	9.0% (7.3-11.0)
Diabetes	5.5%* (3.6-8.4)	5.0%* (3.4-7.3)	3.6% (2.6-4.9)	2.8% (2.0-3.9)
Hypertension	26.5%* (20.6-33.5)	25.0%* (19.7-31.1)	16.5% (14.3-19.0)	16.1% (13.9-18.6)
Obesity	27.3%* (21.6-33.7)	28.4%* (23.7-33.6)	18.9% (16.7-21.2)	19.0% (16.7-21.5)
Persistent anxiety	24.4%* (19.2-30.5)	31.6%* (26.2-37.5)	22.3%* (19.9-25.0)	15.5% (13.3-17.9)
Persistent sadness	18.6%* (14.1-24.2)	22.7%* (17.9-28.4)	12.5%* (10.6-14.7)	5.4% (4.5-6.5)

\* Statistically significant difference when compared to reference group (home owner)

<sup>1</sup> Adjusted for age, race/ethnicity, and sex

DATA SOURCE: Boston Behavioral Risk Factor Survey (2013, 2015), Boston Public Health Commission

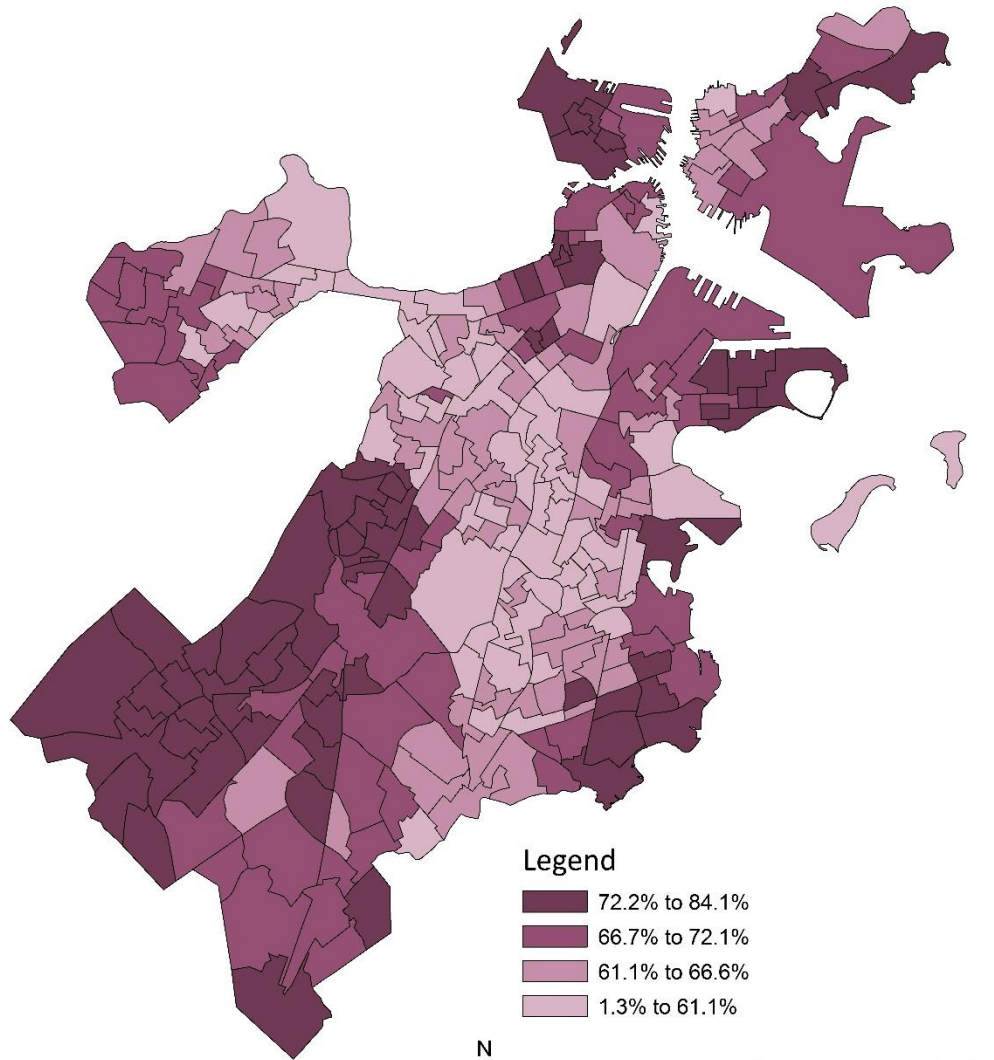
# Community Assets

- Actively engaged community and partners
- Community-based organizations
- CHCs and Hospitals
- Academic institutions
- State and city agencies
- Physical and built environmental assets
- Economic assets
- Leadership



<b>Top 5 reasons for 311 citizen requests</b>	<b>Count</b>	<b>Percent</b>
<b>Sanitation</b>	<b>106,506</b>	<b>16%</b>
Bulk-item pick-up	63,250	
Missed trashed/recycling pick up	39,572	
<b>Street Cleaning</b>	<b>94,847</b>	<b>14%</b>
Snow-plow request	50,077	
<b>Highway Maintenance</b>	<b>60,200</b>	<b>9%</b>
Sidewalk/Pothole Repair	37,244	
<b>Enforcement &amp; Abandoned Vehicles</b>	<b>59,696</b>	<b>9%</b>
Abandoned Vehicles	48,482	
<b>Housing</b>	<b>42,494</b>	<b>6%</b>
Unsatisfactory heat/living condition	26,281	
Mice/pest infestation (residential)	5,895	
Lead	276	
<b>Total requests/contacts</b>	<b>674,190</b>	<b>100.0%</b>

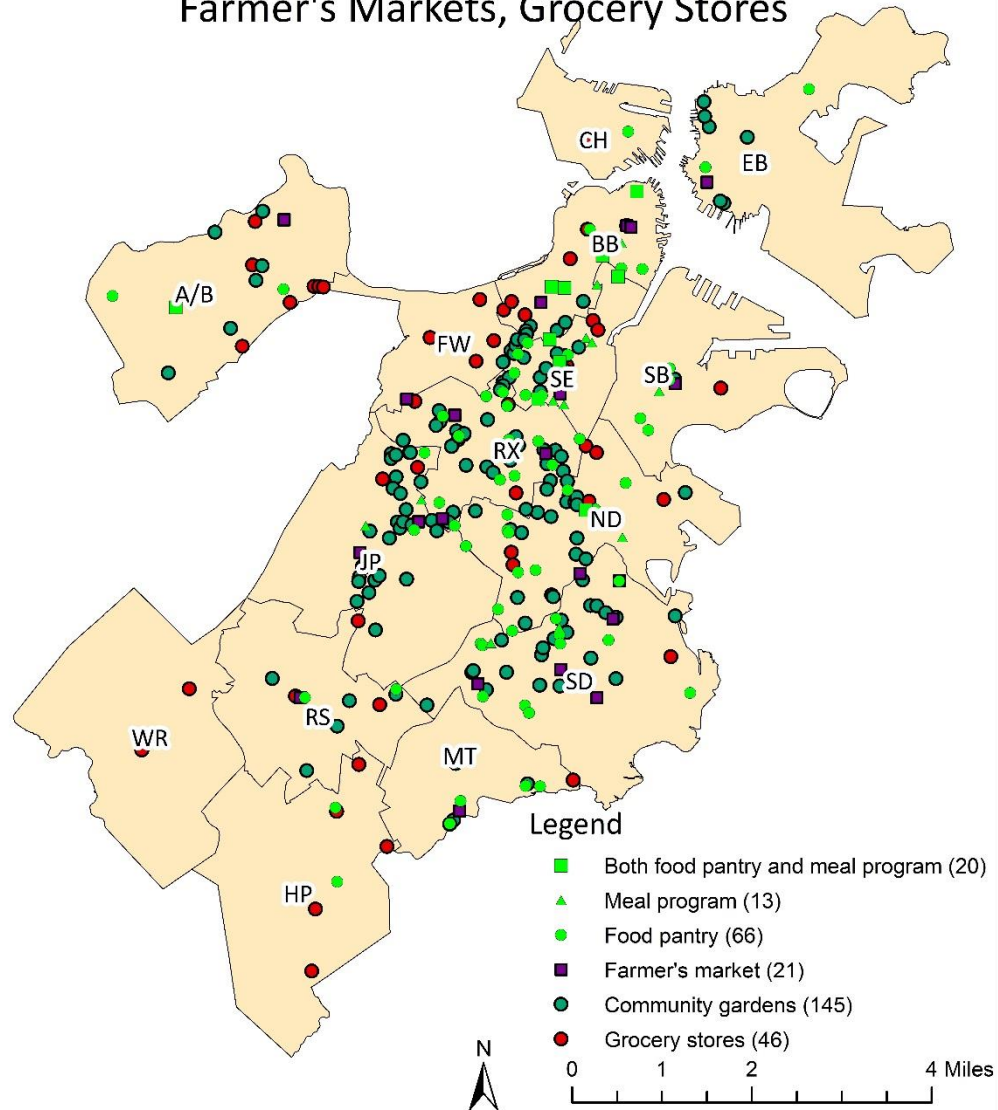
# Voter Turn Out Rates for General Election Nov 8, 2016, by Precincts



NOTES: Rates are based on the number of registered voters.

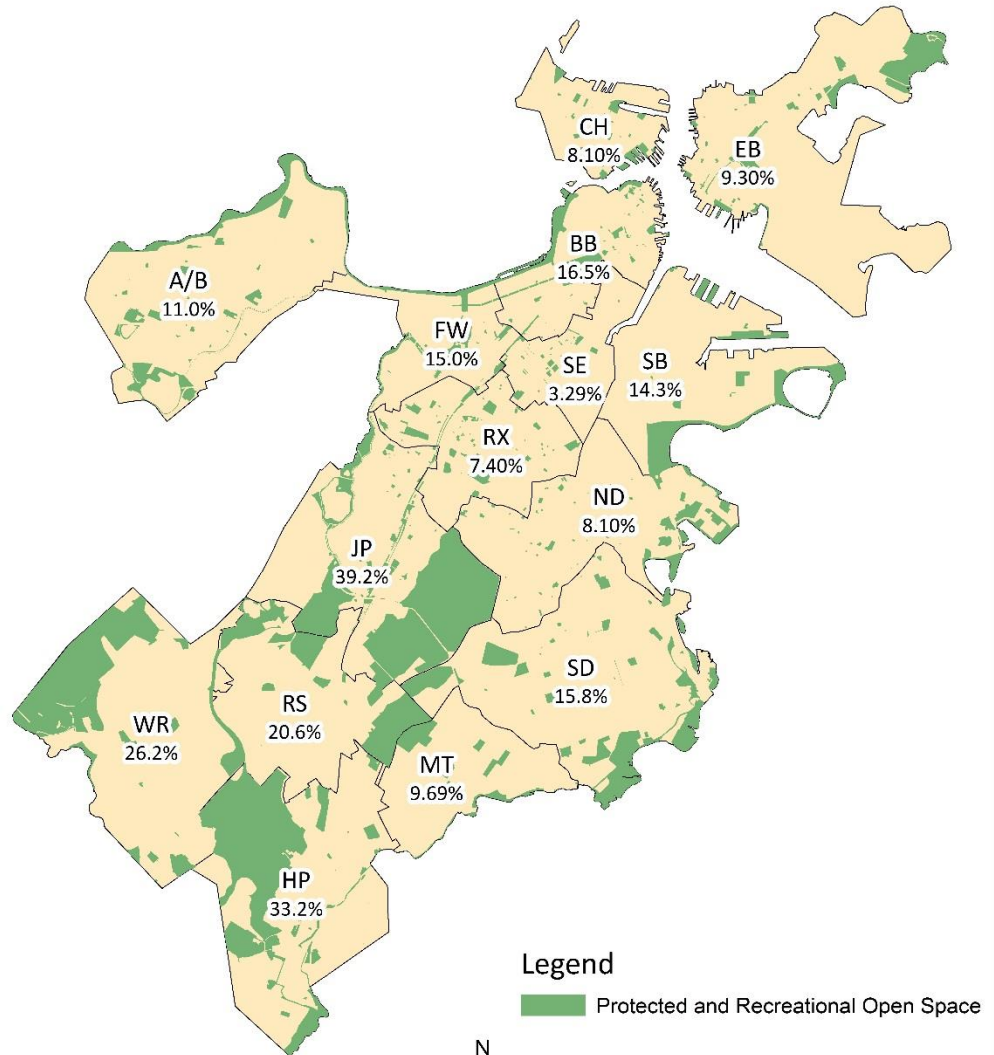
DATA SOURCE: Official Ballots Cast Percentage, State and City Election Results, City of Boston

# Food Resources by Neighborhood: Meal Programs, Food Pantry, Community Gardens, Farmer's Markets, Grocery Stores



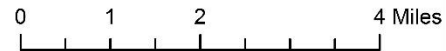
NOTE: "BB" includes the Back Bay, Beacon Hill, Downtown, the North End, and the West End.  
 "SE" includes the South End and Chinatown. Parentheses in the legend contain the number of locations.  
 DATA SOURCE: Mayor's Office of Food Initiatives, and Info Business Database via Boston Planning  
 and Development Agency Research Division Analysis

# Percentage of Protected and Recreational Open Space by Neighborhood



## Legend

 Protected and Recreational Open Space



NOTES: Excludes Thompson, Spectable, and Long Islands.

DATA SOURCE: Protected and Recreational OpenSpace, MassGIS

# Acknowledgements

## □ BPHC

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Questions?