



I got this recipe from a friend. Use fresh lemon juice if possible!

CHRISTINE SULLIVAN
NEIGHBORHOOD DEVELOPMENT

## Christine's Fennel and Parmesan Salad

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**PREP TIME** 

**COOK TIME** 

**SERVINGS** 

10 mins

N/A

4

## **INGREDIENTS**

- 1 fennel bulb
- 1 head of crunchy lettuce
- ¼ cup of olive oil
- 2 tablespoons fresh lemon juice
- ¼ cup of parmesan cheese
- 1 clove of garlic, smashed
- Salt and pepper to taste

## **PROCEDURE**

- 1. In a small bowl, mix together olive oil, lemon juice, garlic (smashed), salt and pepper and set aside.
- 2. Chop a head of lettuce and place in a large serving bowl.
- 3. With a very sharp knife, slice the fennel bulb in half from top to bottom.
- 4. Use the tip of your knife to carefully remove the core of the bulb.
- 5. Thinly (super thinly!) slice the fennel bulb. You can cut the raw fennel bulb lengthwise or across—whatever style you prefer.
- 6. Add sliced fennel to the bowl with lettuce, and pour the dressing over the top, and toss to combine.
- 7. Top with parmesan cheese.