# Natalie's Herby Green Bean Salad





This salad is as colorful as it is crunchy and fresh. It's a great upgrade on green bean casserole. Perfect for holidays across all seasons! Using whole grain mustard levels this up in appearance and taste."

### NATALIE SWARTZ MAYOR'S OFFICE

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PREP TIME

## COOK TIME

#### **SERVINGS** 8 - 10

30 mins

N/A

#### INGREDIENTS

- Kosher salt and freshly ground black pepper to taste
- 1<sup>1</sup>/<sub>2</sub> pounds fresh green beans, trimmed
- One 6-ounce bag sugar snap peas
- 1 heaping tablespoon stone-ground mustard
- 1 teaspoon low-sodium soy sauce
- 2 cloves garlic, grated or pressed
- ¼ cup extra-virgin olive oil
- <sup>1</sup>/<sub>2</sub> cup dried cranberries
- <sup>1</sup>/<sub>2</sub> cup slivered almonds, toasted
- <sup>1</sup>/<sub>4</sub> cup chopped fresh flat-leaf parsley
- 3 tablespoons chopped fresh dill
- <sup>1</sup>/<sub>2</sub> small head fennel, thinly sliced

#### PROCEDURE

- 1. Bring a large pot of salted water to boil over high heat.
- 2. Add the green beans and cook, 3 minutes, then add the sugar snap peas and cook for 1 minute more.
- 3. Drain the vegetables and run under cold water until cool, then pat dry and set aside.
- 4. Combine the mustard, soy sauce and garlic in a large mixing bowl for the base of the dressing. Slowly pour the olive oil into the bowl, whisking constantly, to emulsify into a thick dressing. Season with salt and pepper.
- 5. Add the blanched vegetables to the bowl with the vinaigrette. Add the cranberries, almonds, parsley, dill and fennel. (If you'd like, the almonds can be toasted on a baking sheet at 375 degrees F until lightly golden brown, about 10 minutes.
- 6. Toss gently to combine and ensure the ingredients are evenly coated in the dressing.
- 7. Serve chilled or at room temperature.