# **BE CONNECTED** A Few Ways to Give Back

# **VOLUNTEER OPPORUNITIES**



#### **BE A "GOOD NEIGHBOR"**

Good Neighbors was created by Nesterly in partnership with the City of Boston to support at-risk individuals by matching them with volunteers to fulfill basic needs, including door-step deliveries and friendly check-ins.

Click here to learn more



### BEFRIEND AN ELDER BOSTONIAN

FriendshipWorks aims to reduce social isolation in Boston by matching volunteers to older adults in need of assistance. They are supporting elders with regular phone calls and the addition of virtual visiting with online technology.

<u>Click here to learn more</u>



## VOLUNTEER WITH THE "BAT BRIGADE"

The Bicycle and Active Transportation (BAT) Employee Resource Group has organized a team of over 30 City employees who are volunteering on their own time to deliver meals by bicycle to families who cannot access BPS meal sites due to mobility issues and other constraints. See some of their work in a video here.

<u>Email Jen.Rowe@boston.gov</u> <u>to learn more</u>